



**ADHARSHILA**

# **Annual Report**

## **2021-22**

**A year like never before**

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**₹ 7 CR.**

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**FUNDING INVESTED IN  
HEALTH(2011-22)**

**₹ 18 CR.**

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**SOCIAL RETURN ON  
INVESTMENT**

**THROUGH FAMILY SAVINGS ENABLED  
&  
LOSS OF DAILY WAGES PREVENTED**



# Success Stories

A new born baby tested positive for **COVID-19 on day 11 after its birth**. The parents approached **Adharshila's Teleconsultation team** for assistance. Adharshila team expedited her consultation with Dr Nandita Mukherjee (Adharshila Team-Delhi) and Dr Smita Mehta, a Neonatal specialist from the USA and started the treatment and also convinced her to take the baby to LNJP Hospital. The authorities in the hospital did not allow the mother to stay with the child to prevent crowding at the hospital, as it was the peak phase of COVID 19 pandemic. Adharshila placed a **volunteer at the hospital** to update the mother of the child's health condition on daily basis. Adharshila also arranged for a daily auto for the mother to commute from the residence to the hospital. Both mother and the child are now healthy.

A woman visited our primary health centre at Gwal Pahari in the first trimester of her **pregnancy** in the beginning of June 2021. She was a high-risk case as she had 3 consecutive abortions in her first trimester. She was advised on every aspect of the care and precautions to be taken as a pregnant woman. Furthermore, she regularly visited us and registered herself in Safdarjung Hospital for delivery and delivered a **healthy male baby** on 13th of January 2022. Both mother and child are healthy.

An 80-year-old patient came with a history of headaches. He first visited a chemist and sought for a pain killer, taking which he was relieved temporarily. He visited our Health centre in Gwal Pahari seeking for consultation from doctor. On checking his **BP**, it was found to be **180/110** mmHg. We made him rest for 10 to 15 minutes and then rechecked his blood pressure. It was found to be 170/100 mmHg. We then immediately gave him an antihypertensive drug to reduce his blood pressure. We advised the patient to reduce his salt intake and get his blood pressure monitored on daily basis and advised him to take the blood pressure medicines without fail, as prescribed. On his next visit, his BP had reduced and he is on **antihypertensive management** and his headache significantly reduced after controlling his blood pressure. He is very thankful to Adharshila for having identified the reason for his headache and curing the root cause of the same.



# Education

# IMPROVING EDUCATIONAL OUTCOME AT A GLANCE

**Funds Allocated in 2021-22**

**₹16,91,970**

## Yearly outcomes

*Female Students*  
42.3%



*Male Students*  
57.7%



**95%**  
**Attendance**



**Facilitated  
vaccination for all  
eligible students**



**Successfully  
delivered online  
education**



# About our interventions in the Education Sector

TO PREVENT SCHOOL DROPOUTS AND MAKE EDUCATION ACCESSIBLE FOR ALL

With a vision to prevent school dropouts, by easing the learning process for the children through incorporation of innovative education delivery methodologies and also to encouraging the dropouts to re-admit themselves into the formal education, we have established two education centres.

We also, encourage women who haven't had the opportunity to receive formal education during their childhood, to attend the classes at our centres.

The following are the Education Centres:

1. Improving Educational Outcome - supported by San Diego Foundation
2. Improving Educational Outcome - supported by Larsen & Toubro
3. Remedial Education Program - supported by Renu and Bipin Maira

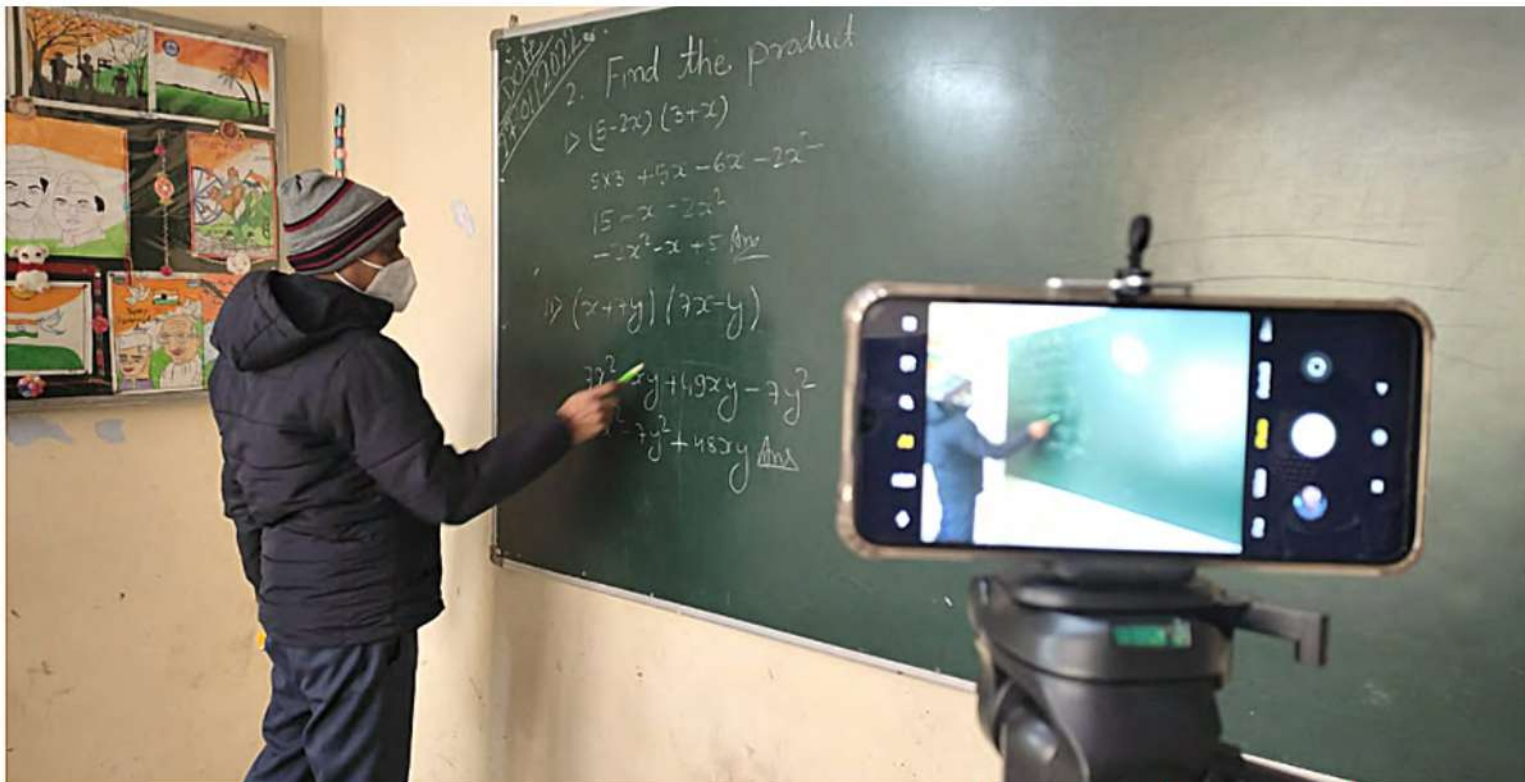


# UNSHAKEN DESPITE GLOBAL PANDEMIC

FOR THE PERIOD BETWEEN APRIL 2021 - MARCH 2022

When the schools across the world closed its doors for the students, we opened new doors to take Education to the doorstep of the students through online education. Overnight, our teachers were trained to adapt to the new system of Education Delivery and they came out in flying colours to keep students connected to their studies. They went a step ahead to counsel the students to keep their morale high

We equipped the teachers with infrastructure despite not having specific funds allotted at that point in time as the pandemic was unprecedented.



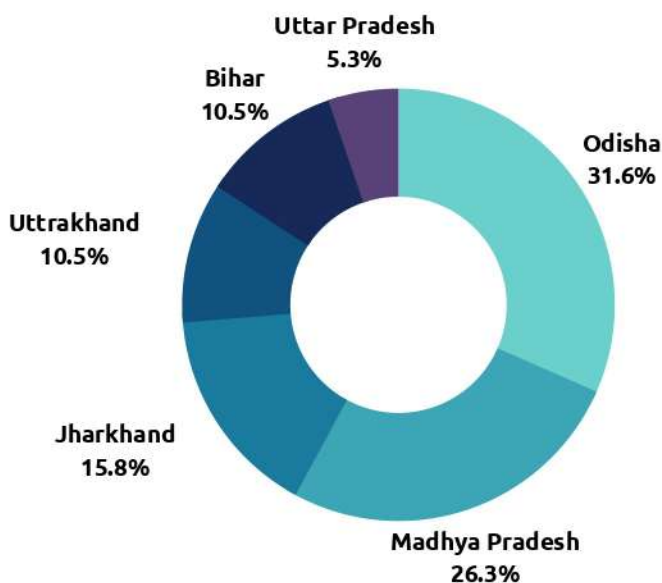
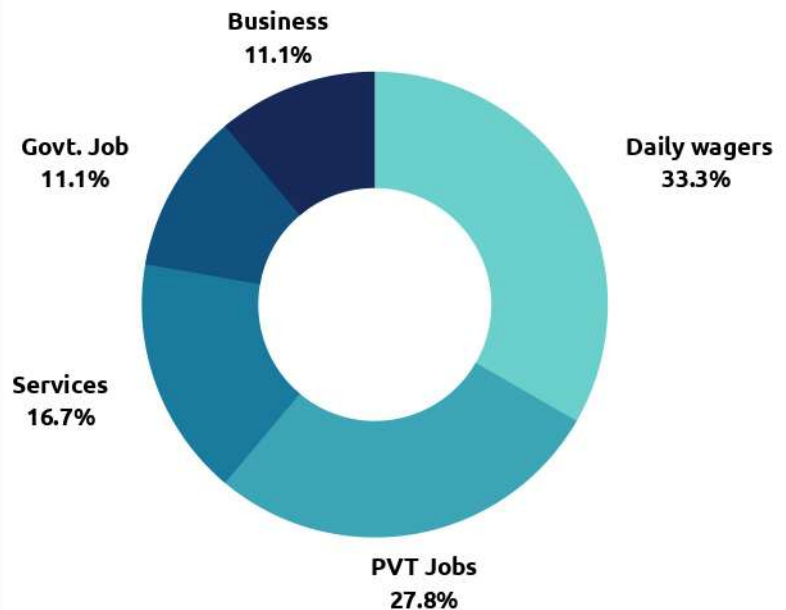


# STUDENTS PROFILE



## HOW WE CATER TO THE CHILDREN & YOUTH

- After the families migrate, the worst affected are the children.
- We not only bridge the educational gap of the migrant children but also make them feel at home by encouraging them to socialize among their peer group.

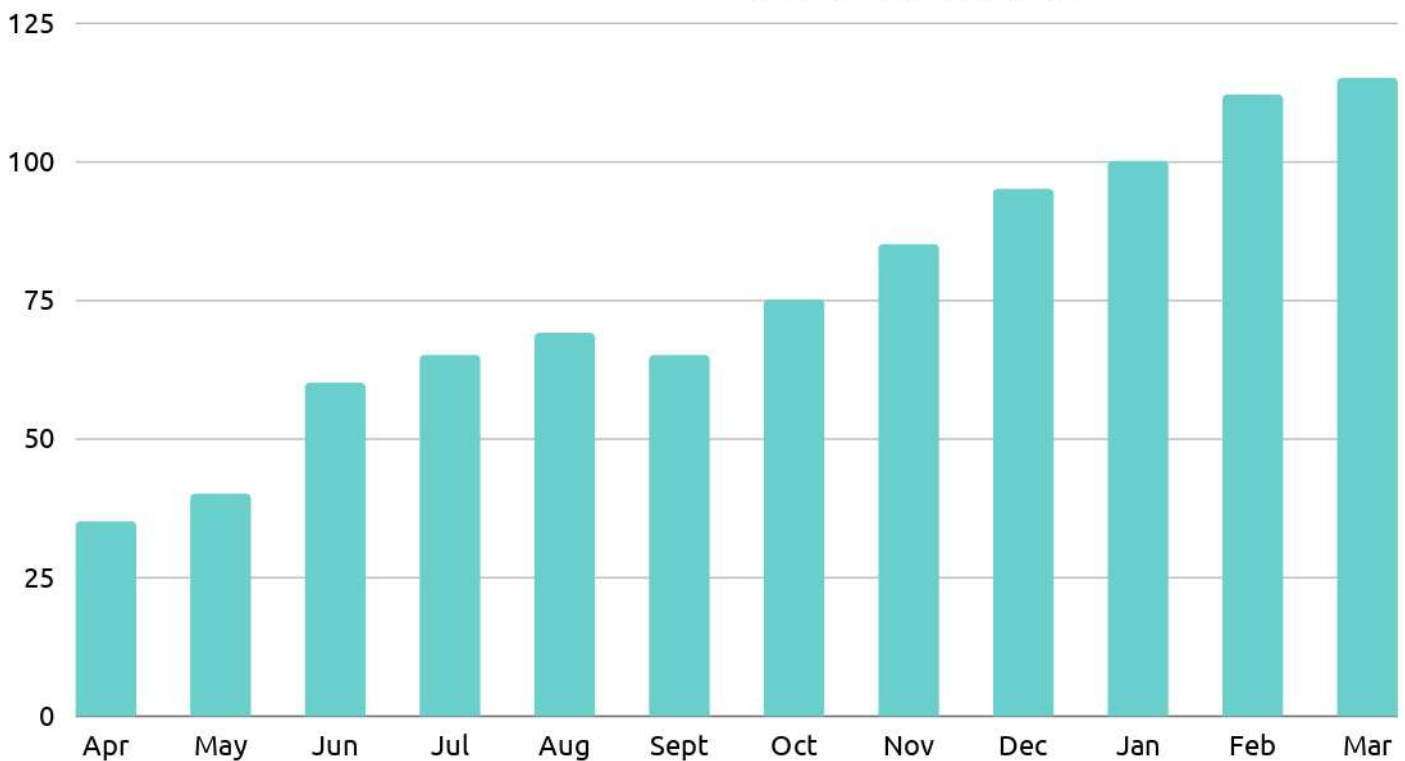


As the students come from diverse backgrounds, it becomes all the very important to understand their state of mind, make things easy for them and pay individual attention to set into momentum their education. We acknowledge this and take all the necessary steps to enable them. We make sure that they adapt well with the new environment.

# MONTHLY ATTENDANCE



## BEYOND ADMISSIONS, OUR FOCUS IS ALSO ON RETAINING THE STUDENTS



- Regular counselling – To motivate the students and prevent their dropout, individual counselling on a regular basis is provided.
- Assistance in completing school assignments
- Interesting Engagements – To evoke the inherent talent from the students, we engage them in performing and non-performing arts.
- Outdoor games – To enhance the physical health of the children, outdoor games are conducted, following all the necessary COVID Protocols.



# Current Scenario

FOR THE PERIOD BETWEEN APRIL 2021 - MARCH 2022

Around 32 crore learners stopped moving schools/colleges and all educational activities halted in India. Going Online by setting up Digital Library is the one-shot solution to address the issue at its root.

This year, due to unprecedented times, children more than anybody were worst hit because not only their health but the most precious aspect of life, their education and state of mind were impacted. At this point in time, we stepped up our efforts to stay connected with all and also motivating them to keep their spirits high.





# CHALLENGES

- **MIGRATION DUE TO PANDEMIC LEADING TO DROPOUTS.**
- **SCEPTICISM AMONG PARENTS, FEARING VIRUS CONTRACTION.**
- **PARENTS, BEING BUSY WITH EARNING LIVELIHOOD, FIND IT DIFFICULT TO DISCIPLINE THEIR KID TO ASSURE THEIR PRESENCE AT THE CENTRE.**
- **NON-CONDUCTIVE ENVIRONMENT AT HOME LEADING TO STUDENT'S INABILITY TO STUDY AT HOME.**

## STUDENT DIVERSITY

As the students come from varied levels of learning, the teacher consciously makes efforts to bring them all to the same level. Although the students understand the concepts very well, they find it difficult to present it in the exams, for which they need our guidance



# Beyond Academics

We conduct many co-curricular and extra curricular activities to strengthen the bond among the student peer groups and instil a sense of belongings



**Independence day celebration**



**Diwali & Christmas celebration**



**Community lunch**



# Computer Education



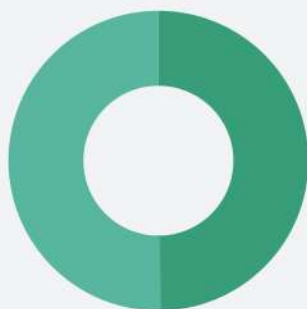
# COMPUTER EDUCATION AT A GLANCE

**Funds Allocated in 2021-22**

**₹ 15,34,367**

## Yearly outcomes

*Female Students*  
50.3%



*Male Students*  
49.7%



**540  
Students**



**Facilitated  
vaccination for all  
eligible students**



**Students trained  
for job readiness**

# COURSES OFFERED

- CCAWE: Certificate course Advanced Word & Excel
- CCAB: Certificate course of Active Basic
- CCFL: Certificate course of Financial Literacy
- Cybersecurity
- Soft skills Training & Personality Development

*BEYOND THE ABOVE COURSES, WE OFFER ONE ON ONE CAREER COUNSELING AND FREE HEALTH CHECK UP FOR THE HOLISTIC DEVELOPMENT OF THE STUDENT*

In collaboration with **NIIT and CISCO** as the knowledge partners, we deliver the above four programmes

The following are the computer centres:

1. **Fena - Adharshila** Centre for Skill Development - Computer Training - supported by Fena Foundation - **Kalkaji** Centre.
2. **Fena - Adharshila** Centre for Skill Development - Computer Training - supported by Fena Foundation - **Harkesh Nagar** Centre.
3. **Maira Computer Centre** - supported by Renu and Bipin Maira - **Tigri** Centre.







₹ 2,76,00,000

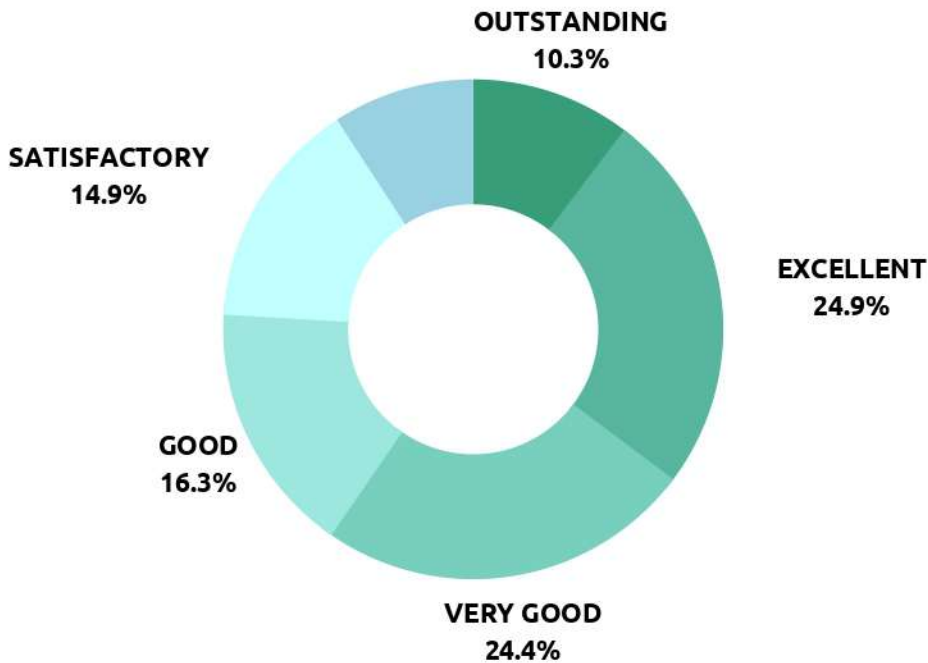
*worth of skilled manpower added to the  
Indian Economy.*

₹ 37,53,600

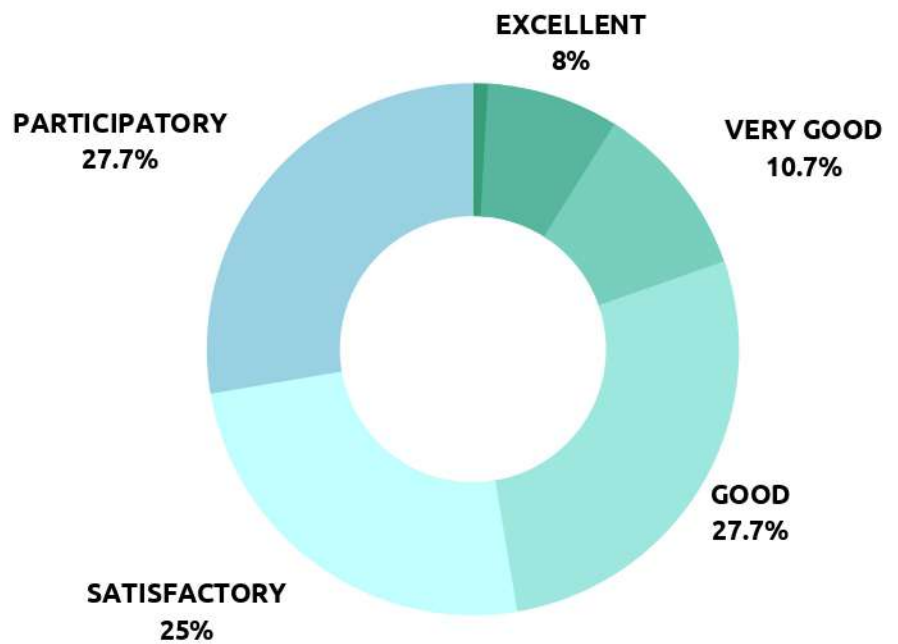
*Worth of family savings enhanced  
among our students as their education  
was sponsored by our funding partners.*

# Student Performance

## CCAB Course



## CCAWE Course







## YEARLY TOTAL ENGAGEMENT

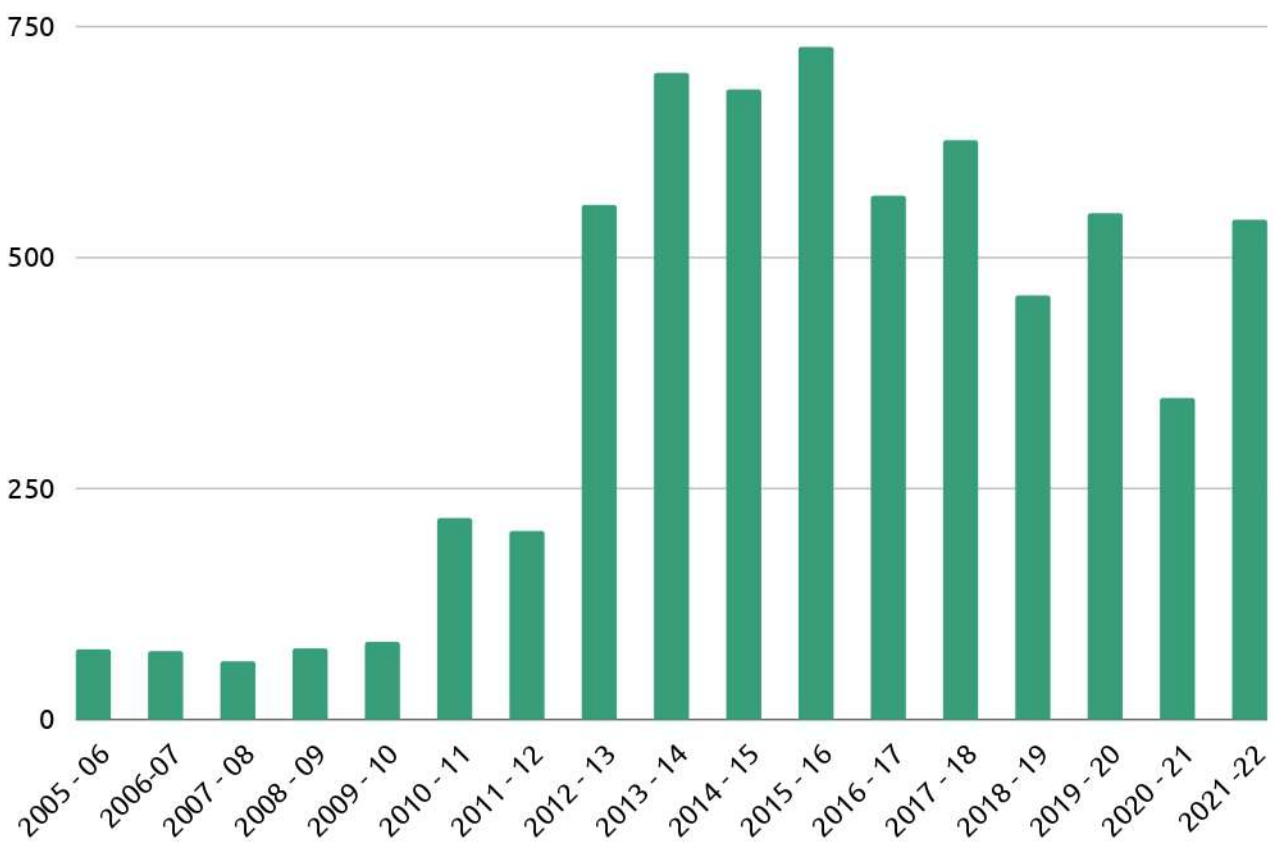
**96 of 540**

students  
achieved  
**'Excellent'**  
grading from  
NIIT Foundation

This year, as we revamped our approach of reaching out to our student community through online education and Digital Library, we were able to extend the courses to **540 students**. Beyond computer education, we also enabled their personality through placement training to make them job ready.

# STUDENTS SKILLED

**WE HAVE EXCELLED IN KEEPING UP OUR ADMISSIONS DESPITE COVID 19 PANDEMIC**



We made a humble beginning with 75 students in 2005 with one computer centre, and today because of the trust that the community members hold in us and the support extended by our CSR partners, we have established three computer centers and are able to train more than 500 students every year



# Beyond Academics



## Financial Literacy Session



## Health Awareness Session



## Career Counseling

# Success Stories



**Sabita**

"Initially I was hesitant of joining Fena Computer Centre as I was married and had kids. But the teachers at the centre encouraged me. I joined Adharshila to equip myself to help my children in their studies but now, I have got back my interests in studies and so I am now pursuing B. Ed"

"I lacked proficiency in English and computer skills because of which I lost many opportunities. I then decided to get well versed with both English and computer skills and today I am an English Teacher at Kendriya Vidyalaya"



**Wasim Ahmed**



**Priyanka**

" I have been associated with Adharshila from 1st day of my schooling. The extra curricular activities that I were not extended by my school were covered up by Adharshila. I attended both remedial classes and computer training at Adharshila. It was possible for me to attend the sessions at American Embassy School because of Adharshila, which gave me a lot of confidence. My aim is to become an IAS Officer"





# Apparel Design & Fabrication

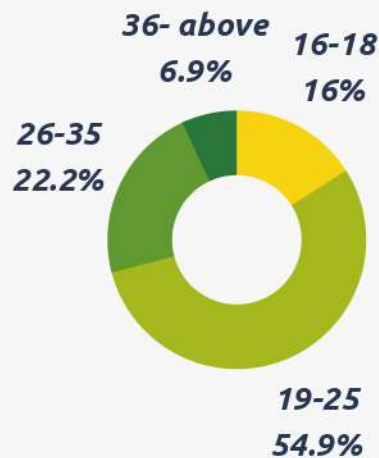


# APPAREL DESIGN AND FABRICATION COURSE AT A GLANCE

Funds Allocated in 2021-22

₹ 24,73,382

## Yearly outcomes



## Student age groups



**373**  
students



**Facilitated  
vaccination for all  
eligible students**



**Established a new  
training centre**

# Apparel design and fabrication

Adharshila in collaboration with MasterG and Daughters Pvt. Ltd., is implementing the Apparel Design and Fabrication course at the following three centres:

1. Fena Adharshila Centre for Skill Development at Tigri
2. Fena Adharshila Centre for Skill Development at Harkesh Nagar
3. 63Moons Adharshila Centre for Skill Development, Badarpur.





**₹ 31,20,000**

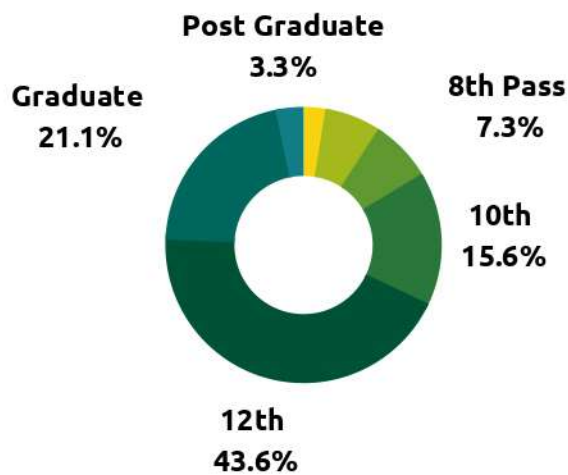
*worth of skilled manpower  
added to the Indian  
Economy.*

**₹ 10,30,900**

*Worth of family savings enhanced  
among our students as their education  
was sponsored by our funding partners.*

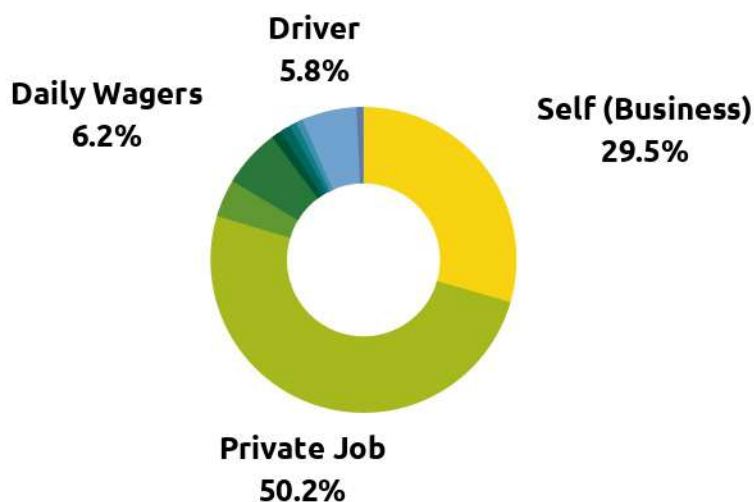
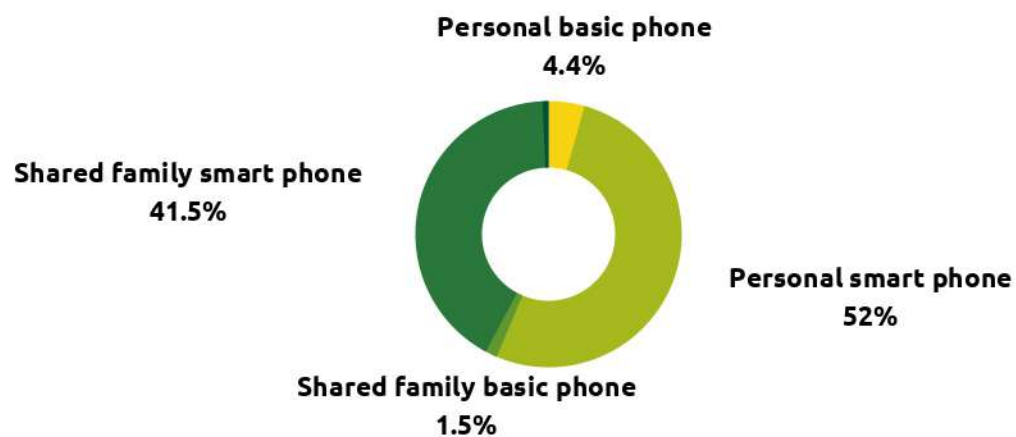


# Student Profile



## Educational qualification of our students

## Access to digital device



## Family Occupation

# Observations

AN ANALYSIS OF THE STUDENT  
DATA REGISTRATION



We believe that education is the most important part of one's life. But the ones who couldn't get access to it, are educated through the skill based education and also provided employment opportunities



- **54%** of our students belong to the **age group of 19 to 25**. Age is no bar for skilling . The training prepares them to choose a career of their choice and become **financially and socially empowered**.
- **68%** of students possessed the educational level but needed a direction in skilling to meet the industries demand. Our program helped bridge the gap & prepared them for the industry.
- **48%** percent of students took the benefit of Adharshila's Digital Device Library to sustain their learning during the COVID 19 Phase.



### 01 No societal barriers

Beyond providing skill education, our training centres act as a platform where folks cutting across religion, age, educational background, financial background come together to be empowered

### 02 Digital Education and confidence building

A new hope is instilled in the minds of students as they step out of home and look at the societal happenings through a new lens. As a part of the curriculum we provide them digital education which not only helps them in research but also helped them help their children to attend online education.

### 03 Creation of Safe Social Space

Regular counselling by the team members makes them feel at home. Beginning from the registration process, we assure them of their privacy about all that they share with us, by this we establish a sense of trust with all the students.

### 04 Financial Empowerment

During the process of learning, we provide them opportunities to work on Live Industry Projects which provide them earning opportunity and also align their work with the Industry standards. While they learn, they also get orders from their neighbours which help them take care of the fee.



# Success Stories



**Anita Shukla**

" I Lost my father at a young age and mother suffers from asthma. Being the eldest in the family, I take care of all my family members. With the MasterG course, I am financially empowered"

"There was a time when I used to wear a veil to cover my face while I walked to the centre due to my family problems. But, today I stand strong and fear nobody and take my own decisions"



**Muskan Mathur**



**Manisha Shukla**

" I not only learnt the skill of Pattern Making but successfully convinced my parents not to rush me into marriage. Deriving inspiration from me, many girls from my neighborhood gathered the courage to step out their home and attended the training at Fena Adharshila Skill Development centre"

# SDGs Catered





**5** GENDER  
EQUALITY



**7** AFFORDABLE AND  
CLEAN ENERGY



**8** DECENT WORK AND  
ECONOMIC GROWTH



**10** REDUCED  
INEQUALITIES





# Our supporters



**KRISHNA & BONNIE ARORA**

**JUSTICE DEEPAK VERMA (Retd.)**

**IIT DELHI ALUMNI BATCH OF '77**





**Together we re-wrote their  
destiny!**



# Our Team





# CONTACT US

[adharshilango.org](http://adharshilango.org)  
[adharshila@gmail.com](mailto:adharshila@gmail.com)

 [adharshilatrust](https://www.instagram.com/adharshilatrust)       [adharshilatrust](https://www.facebook.com/adharshilatrust)  
Ph. 9810137592, 9811335989

**Harkesh Nagar**  
I-75, Harkesh Nagar, Near Okhla Metro Station  
New Delhi-110020

**Tigri**  
265/16, Colonel Farm  
Tigri Part 2, Khurana Wali Gali  
New Delhi-10080

**Kalkaji**  
Ami Chand Khand Giri Nagar,  
Kalkaji, Near Govindpuri Metro Station  
New Delhi- 10019

**Badarpur**  
81, Molarband village,  
New Delhi 110044

**Gwal Pahari**  
Primary Health Centre  
Gwal Pahari  
Gurugram-122003

# Executive Summary

All 4 sectors that we extend our services have been most impacted by COVID - 19. We have strived to set in an unprecedented, irreversible positive paradigm shift in all four arenas. With stern tenacity, we doubled down on our commitment to hand hold the downtrodden and pull them out of the after-effects of the pandemic. Overnight, we changed our strategy to deliver assistance to the needy through online education and tele medicine.

This year Adharshila's Annual Spend was Rs. 1,35,92,716 out of which Rs. 78,92,997 was allocated to health, Rs. 16,91,970 was allocated to Education, Rs.15,34,367 was allocated to Skilling in Digital Education and Rs.24,73,382 was allocated to Skilling in Apparel Design and Fabrication.

## The Gap We're Filling

A holistic approach towards addressing poverty, with strategic steps to break the mountainous problem into solvable pieces, we address the root cause of the problem. With impeccable spirit of the team members, we work day and night to leave no stone unturned to reach out to the needy.

We currently work in four verticals:

1. Health
2. Education
3. Skilling in Digital Education
4. Skilling in Apparel Design and Fabrication



# About Adharshila

Adharshila was established in the year 2004 by Neena Jolly and Geeta Arora to improve education, health and livelihood outcomes for communities living in the informal settlements and people living below the poverty line in Delhi, NCR and neighbouring states.

Adharshila works for the upliftment of the underprivileged sections of society by striving to empower and enable them, especially women, through healthcare clinics, education and skilling programs.





# Message from the trustees



**Neena Jolly**



**Geeta Arora**

**Reflections 2004-2021 - 2,72,372 beneficiaries**

**Goal- 2030 - 5,00,000 beneficiaries**

This year more than ever, we are feeling the pain of the impact of the pandemic with so many lives lost and considerable impact on the well being of people and communities.

Our projects changed direction, making this year a year of learning for those entering the workforce and those who lost their jobs. The profile of migrants has also been changing a lot this year with the migrants slowly returning to urban livelihood opportunities. We looked for the best available and affordable solutions for them in education, skilling and healthcare. We enhanced learning through online platforms to help students from our communities to catch up on unfinished learning from the pandemic.

We have constantly been observing the pattern of Government services and how in some of our vulnerable catchment areas we can help bridge the gap.

Capacity building of the organization has been of paramount importance this year, as we redesign and relaunch our systems adding digital integration as a major component in building the organization.

We worked through it all. Now is the time for solidarity and support, especially with the most vulnerable in our societies, particularly in the unreached communities to overcome the intertwined health, social and economic impacts of the pandemic.

I wish to take this opportunity to thank all our stakeholders for their contribution and support in our journey so far and to Adharshila's team that has enabled this. One of the most enduring aspects of our work has been community participation and mutual respect.

We hope for your continued support as we work towards our goal of 5,00,000 beneficiaries by 2030.



**Number of projects closed in  
the midst of global pandemic**



# Health



# HEALTH AT A GLANCE

## Funds Allocated in 2021-22

# ₹ 78,92,997

### Yearly outcomes

Health Camp

839

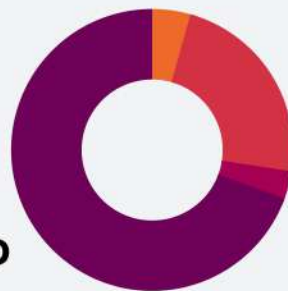
Awareness

4409

Relief work

610

OPD  
13281



19,139  
lives impacted



Facilitated  
vaccination for all  
eligible patients

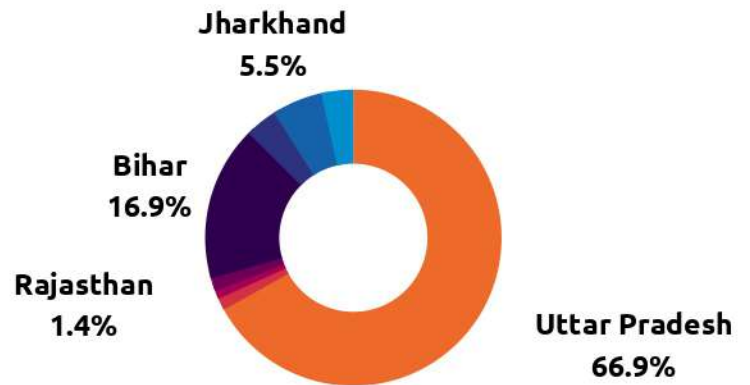


Expanded our  
healthcare horizon to  
Badarpur and  
Gurugram

# 19,139 BENEFICIARIES

MANIFESTS THE FAITH THAT PEOPLE HOLD IN US

- *Delhi NCR*
- *Uttar Pradesh*
- *Bihar*
- *Haryana*
- *Madhya Pradesh*
- *Maharashtra*



## States catered

Following are the Health Centres:

1. Family Health Centre supported by RIST/The Hans Foundation, Adani Enterprises Ltd, Driplex water engineering Pvt. Ltd, Rithwik Projects Pvt. Ltd, JMC Projects Ltd/ Kalpataru.
2. Homeopathic Family Clinic supported by Renu & Bipin Maira

Cutting across the state borders, we have greatly enhanced the health of **19,139** beneficiaries. Through our Mobile Medical Unit, we reached out to the unreachable, which indeed brought the Governments attention towards many uncatered communities. Every initiative that we undertake has been backed by **systematic strategic data** that was collected, the analysis of which gave us better clarity on issues that need our urgent attention.

What makes us stand out is the fact that we believe in going over and beyond to cater to the **socio emotional development** of the patients. The after-effects of the pandemic has been manifold beyond the health issues. **Counselling** was the need of the hour, which we realized and delivered during the past year.

# Our Initiatives in the Health Sector

## 1

### Health Centres

At four locations in the blighted areas of Delhi and NCR, we have set up Primary Health Centres. They are located at Tigri, Harkesh Nagar, Kalkaji and Gwal Pahari. On an average more than 50 patients visit the centre everyday for medical assistance. Beyond providing them with the right prescription we also provide counselling which helps to bring in a behavioural change in the community members.

## 2

### Outreach OPD

Adharshila's Mobile Medical Unit is equipped to extend health services in the areas which is not suitable to set up a primary health centre. It houses the migrant communities various locations in NCR & fishing communities along the banks of river Yamuna. These communities more than anybody need health monitoring as they are exposed to various diseases due to their working and living conditions.

## 3

### Health camps

As an extension of our health services, we regularly organize health camps as a step towards prevention of diseases among the community members. As there happens a conglomeration of public, we spread a word of awareness about hygiene, precautions to be taken to avoid the spread COVID 19, menstruation hygiene and of the kind.

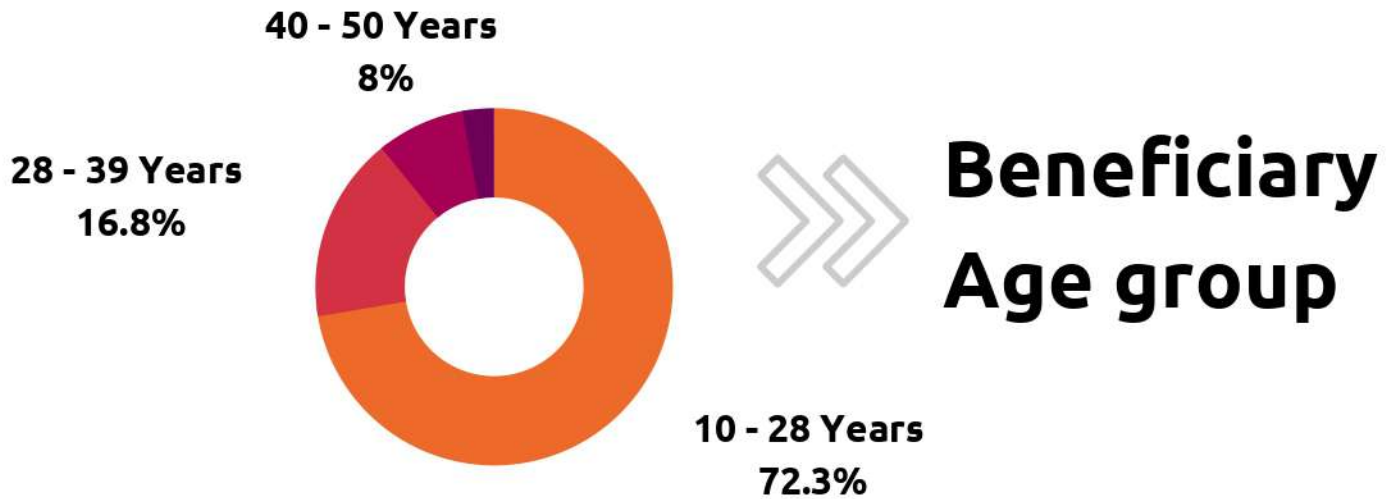
## 4

### Dissemination of medicines

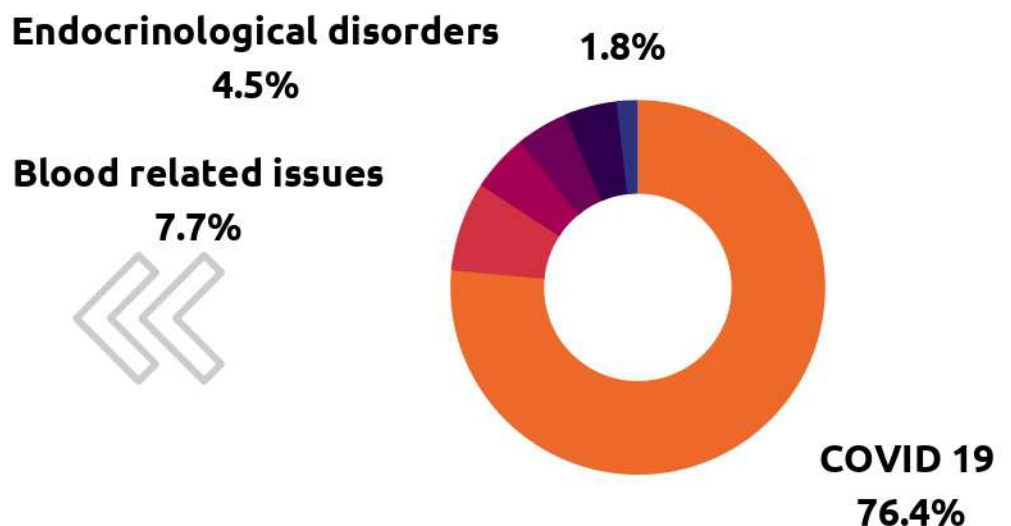
The community that we cater to are stuck in the cycle of poverty and one of our steps in bringing them out of it is by reducing the out-of-pocket expenditure on health. We provide free medicines prescribed by our doctors. This also helps the patients complete the course of medication and prevent developing Anti-Microbial Resistance.



# Health Camps



## Types of Awareness session



# Beyond Health

Given the highly transmissible nature of the COVID-19 virus, social distancing was the prerequisite. There were occurrences where the doctor had to succumb to the virus due to continuous exposure to the patients with COVID 19. Post consultation, home isolation kit was provided to the patients on doctors recommendation.

## Oxygen concentrator Library

The COVID warriors were the real heroes and it was our bounden duty to assist them in every possible way. In this regard, we distributed self protection kits which included N95 masks, surgical masks, hand gloves, face shield, soap, sanitizer, vaporizer, oximeter, thermometer .

## Food Distribution

## Telemedicine services

With 53 Oxygen concentrators, we catered to the need of covid patients who were unable to get these facilities at the hospitals This initiative saved the lives of many people as was a sigh of relief in the neighbourhood. In extreme emergency situation when the patient oxygen,we arranged the concentrator to be transported to the residence of the patient.

## Personal Protective Equipment

The nutrition intake of 1660 community members was enhanced by 196924.19 calories. The ration kits were mainly distributed among the migrant communities in the blighted areas of Delhi NCR

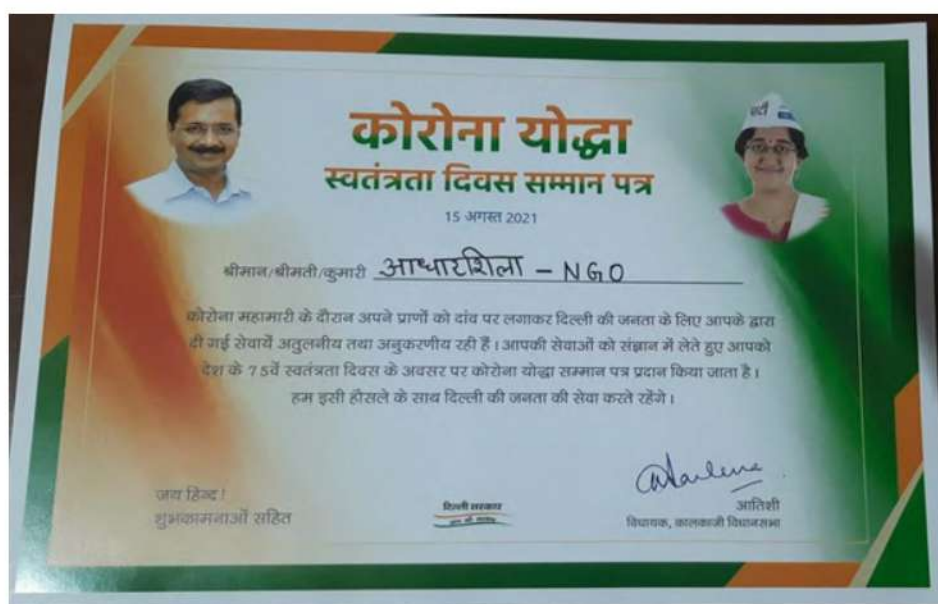


# Awards and Accolades

On the joyous occasion of our 75th Independence Day, Dr Nandita Mukherjee along with the Adharshila team was felicitated by MLA of Kalkaji Ms. Atishi for the relentless work in providing telemedicine, permeating awareness and counselling as well as providing home isolation kits and oxygen concentrators to more than 500 COVID patients in midst of the pandemic. Considering the high percentage load of covid patients in hospitals, Adharshila's endeavour had a significant impact in reducing the patient load in hospitals.



Dr. Nandita receiving the award on behalf of Adharshila



Certificate of Appreciation