



**ADHARSHILA**

BUILDING FOUNDATIONS AT THE GRASSROOT LEVEL  
WITH DEDICATION & SINCERITY



ADHARSHILA

ORGANISATIONAL IMPACT  
(2005-2021)

Conducted 2,24,175  
Patient Consultations

Enhanced learning outcomes  
for 15,762 students in Formal  
Education

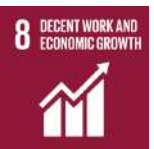
Skilled 13,282 students  
for Professional Jobs

ECONOMIC IMPACT  
(2005-2021)

Saved Loss of Daily Wages  
Rs. 12,10,27,404

Enabled Family Savings  
Rs. 18,85,14,804

OUR PROGRAMS ARE IN ALIGNMENT WITH  
THE UN SUSTAINABLE DEVELOPMENT GOALS



Over the last 17 years, we have served over **2,53,219** individuals in several locations.

# Problem

Shortage of Doctor's, Healthcare workers, Infrastructure & Medical Equipment in the Pandemic

Covid Patients to be identified and handled remotely

Need for Home isolation care and follow up services

2020

Covid-19 Pandemic raged and locked us down completely and non-covid patients suffered health loss as they could not reach out to Doctors and Medicines and faced economic losses

Covid-19 Pandemic second wave is devastating but taught us to continue our Non Covid OPD's and Develop an online telemedicine system for Covid Patients

2021

2022

Gear up and prepare for the 3rd wave

# Birth of Telemedicine Service

# Time is Now

Contactless Medicine  
is the future of  
healthcare sector

Contactless Medicine  
will help bridge the  
gap in healthcare  
facilities Pan India

# SERVICES

TELEMEDICINE COVERAGE  
PAN INDIA

PHYSICAL OPD COVERAGE - DELHI & NCR

# COVID-19 SERVICES

To treat covid patients through  
teleconsultations &  
Telemedicine

Offer them home isolation care  
support

Monitor the patient for 10-14  
days post covid onset



ASSIGN  
HELPLINE  
NUMBERS



BATCH OF '77  
IIT DELHI



आवश्यक सूचना  
कोरोना (COVID19) मरीज  
डॉक्टर से मुफ्त  
टेली कन्सलट  
करें

ALL INDIA HELPLINE NUMBERS

+91-7669400042 +91-7289924600  
+91-7669400025 +91-7290053330

मुफ्त होम आइसोलेशन मेडिकल किट पाएं

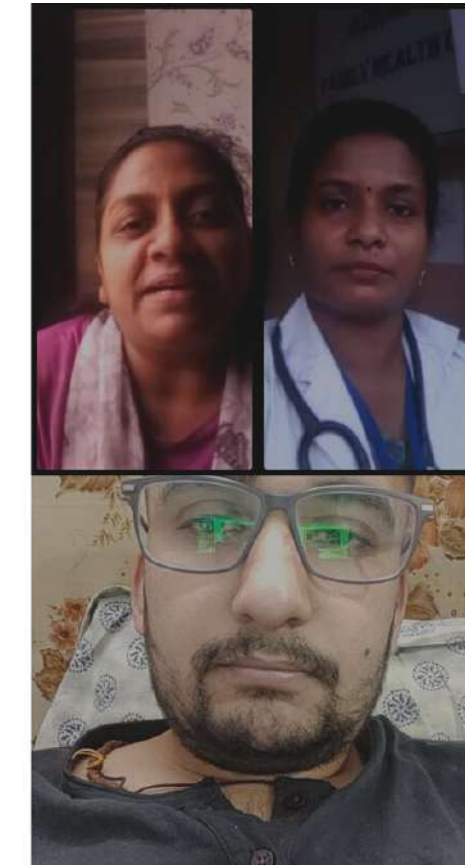




# Target Beneficiaries

We reach out to Covid Patients through contactless telemedicine

COVID PATIENTS



We reach out to our Non-Covid patients through OPD's at our centre with Covid Protocol and social distancing

NON-COVID PATIENTS



# Seeking Partners

**Institutional Partners/ Individuals connect beneficiaries to Adharshila**

Institutional Partners connects beneficiaries to Adharshila telemedicine platform and Adharshila provides treatment and kits to them

Partners connects beneficiaries to Adharshila telemedicine platform for Doctor Consultation and as advised by the Doctor, the partner provides Non Returnable Kits to the beneficiaries

**Partner / Individual connects beneficiaries to Adharshila only for telemedicine**

# Supporting Organizations



**ADHARSHILA**



**MLA OFFICE**  
**KALKAJI**



**JUSTICE**  
**DEEPAK VERMA (RETD)**







# Partner Organizations



The Earth Saviours Foundation is an internationally recognized NGO, situated in Gurugram, Haryana, India. It was founded in the year 2008 by Shri Ravi Kalra. He is a well-known Karma Yogi, social activist and environmentalist. The selfless, dedicated, committed and vigilant staff and volunteers of The Earth Saviours Foundation works, day and night for community welfare.



- conducted General Health Check-Up for the Homeless.
- Supplied ration kits
- Counseled all residents and increased Awareness about Hygiene and Covid-19 protocol
- Distributed Masks to all patients.

Total no. of Patients screened  
**112**

Severe diseases detected  
**23**



Project Potential envisions a movement of self-empowered community leaders and change-makers toward sustainable rural development. They actualize this movement through a number of programs focused on different sectors including eArth Kala Manch (art and theater), eArth Nirmaan (construction and habitat), and eArth Paathshala (education and learning).



Training Supervisors for Tele-medicine from Adharshila's Head Office



Supervisors from Project Potential attending the training

Total no. of houses reached  
**>1065**

Patients tested positive  
**119**

Kits Supplied  
**68**



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## **INDIA NEEDS YOU !**

***For COVID-19 Relief on the ground***

### **Donate a Home Isolation Care Kit**

***USD 30/INR 2,250***

Includes: Prophylactic Medicines for 10 days, Thermometer - 1, Steam inhaler - 1, Sanitizer 200 ml, Toilet Soap - 2, Disinfectant 100 ml, Face Masks 2, Gloves - 10 pairs, Garbage Bags - 10 and Meal set disposables - 30.

**Donation Drive to  
Collect and Distribute  
Home Isolation Care  
Kit**

**Donate to Adharshila: <https://bit.ly/3nutFSe>**



# Home Isolation Care Kits Distributed







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# **INDIA NEEDS YOU !**

***For COVID-19 Relief on the ground***

## **Donate a Home Isolation Equipment Kit**

***USD 1,000/INR 75,000***

Includes: Oxygen Concentrator, Pulse Oximeter, Digital, Thermometer, Blood Pressure Monitor, Nebulizer and Glucometer

**Donation Drive to  
Collect and Distribute  
Home Isolation  
Equipment Kit**

**Donate to Adharshila: <https://bit.ly/3nutFSe>**



# Covid Home Care Isolation Equipments Kits Distributed

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ADHARSHILA  
adharshilango.org  
WHEELS  
global foundation

आवश्यक सूचना  
कोरोना (COVID19) मरीज  
डॉक्टर से मुफ्त  
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मुफ्त होम आइसोलेशन  
मेडिकल किट पाएं



ADHARSHILA  
CARER 柯尔

NULIFE Handyneb is now MEDTECH Handyneb  
MEDTECH  
Caring for life  
HANDYNEB SMART  
Nebulizer  
MODEL SMART  
20 Years of Trust  
Quality Look!

BLOOD GLUCOSE  
MONITORING SYSTEM  
Model No. APGE1  
95  
No Coding  
Accurate Reading  
Memory Recall  
Auto Power Off  
CORON PACK FROM PRICE 750

Apollo  
Blood Pressure Monitor  
Fully Automatic Upper Arm Style  
HR INDICATOR  
LCD display  
MODEL : USB

Dr. Ultra Pro  
Vaporizer  
SURGICAL  
Feature  
Steam Inhalator cum facial sauna  
Produces Steam Vapour In Seconds  
Health & Beauty

Dr. Ultra Pro  
Vaporizer  
SURGICAL  
Feature  
Steam Inhalator cum facial sauna  
Produces Steam Vapour In Seconds  
Health & Beauty  
Stainless Steel Element

CORONATION  
Digital Thermometer  
Dyscronic

RR+++  
ACTIVE  
NANO SILVER FIELD  
VIRUS REDUCTION  
"BE SAFE"  
10 Pcs.  
PPE > 95% BFE > 99%  
MASK COMPATIBLE  
ADJUSTABLE NOSE CLIP  
COMFORTABLE BREATHABLE  
PATENTED TECHNOLOGY  
THE 5 LAYERED  
N95+++  
ACTIVE MASK  
CE FDA  
RR 108

Apollo  
PULSE  
OXIMETER  
1  
Quality Look!

ORS  
Rehydration Salts IP  
Paracetamol  
Aspirin  
Cough Syrup

FAMUS  
INSTANT HAND SANITIZER  
EMULSION POLYMER

FAMUS  
INSTANT HAND SANITIZER





# Oxygen Library





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IIT DELHI**



## **COVID PATIENT NEEDS YOU !**

### ***Doctors For COVID-19 Relief on the ground***

Calling Indian doctors around the world to join the global mission on COVID - 19 for India through telemedicine services, tele consultation, counselling and monitoring of COVID patients from afar.

**If you are a doctor looking to volunteer your time,  
register here:**

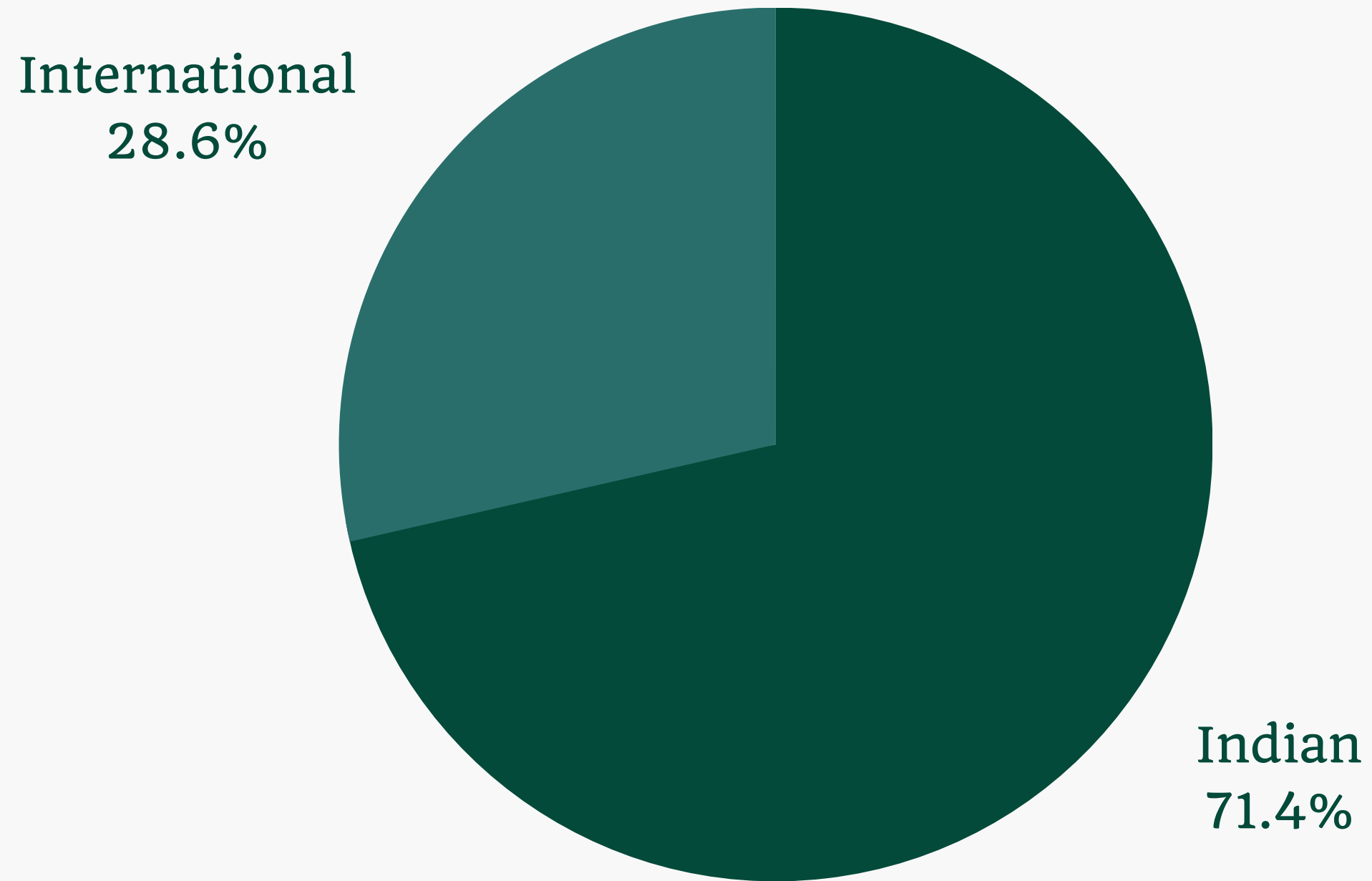
REGISTER NOW



**Urging Doctors to Join  
hands for enhanced  
outreach**

**Donate to Adharshila: <https://bit.ly/3nutFSe>**

# Doctor's Team



\*Our Doctors speak Hindi, English, Marathi, Telugu, Tamil, Gujrati, Malyalam, Bengali ,Kannada, Punjabi



# Patient Speaks

## Patient 1

Adharshila Covid Telemedicine team learnt about this baby who was discharged from hospital on day 3 of his life. On day 10, he developed a fever. Day 11 reported covid positive. The mother did not know what to do? Our team expedited her consultation with Dr Nandita Mukherjee(Adharshila Team-Delhi) and Dr Smita Mehta, a Neonatal specialist from the USA and started the treatment and also convinced her to take the baby to the Hospital@LNJP Hospital

It was traumatic for her to leave her 12-day old baby alone in the hospital in the neonatal ward. Our team helped her through our volunteers to get regular updates from the hospital through @CovidHelpline1031. The baby was discharged on the 14th day of his life for home quarantine with his mother for which transportation to and fro from the hospital was also organized through @AutoAmbulance.

Adharshila also assisted the family with cooked food and dry rations for the week since the mother was also weak after delivery and needed rest and care@FenaFoundation. -This also helped her overcome a financial constraint she had with her husband working as a laborer in the south who could not travel back to Delhi during the pandemic.

## Patient 2

संमर्पित :- आधारशिला फाउंडेशन दिनांक - 21/05/2021

मैं पवन कुमार खन्लाका 5/0 श्री मान ओमनारायण खन्लाका  
आधारशिला फाउंडेशन का एक दिन से धन्यवाद मना करना चाहता  
हूँ। 06/05/2021 दिनांक को मेरे पिताजी का  
कोरोना टेस्ट पॉजिटिव आया था तभी मे मैं उनके  
उपचार के लिए कई डॉक्टरों की सलाह से डॉम आरलोलेसन  
के तहत उपचार करा रहा था। तब कहीं से मुझे  
आपके आधारशिला फाउंडेशन के बारे में पता चला।  
आपसे सम्पर्क जब हुआ तब पिताजी का Oxygen level  
90% आ रहा था मुझे जितना ख्याल है तकरीबन 1 हफ्ते  
से श्री न्यास समय से आप लोग नियमित सम्पर्क  
कराते रहे हैं तथा समय-समय पर आप तथा आपके  
अहजरी हमसे हमारे पिताजी का हाल-चाल तथा  
अन्य गतिविधियों के बारे में जानकारी लेते रहे हैं।  
तथा आवश्यकता होने पर या कुछ असमंजस होने पर  
आप डॉक्टर सहीक से भी हमारी बात कराते रहे हैं।  
अभी जब मैं आपको लिख रहा हूँ तब तक की स्थिति  
में मेरे पिताजी ठीक तरीके से स्वस्थ हो रहे हैं।  
मुझे जानकारी है आप लोग दिल्ली में बैठ कर भारी चीजें  
संभाल रहे हैं। आप लोग शानदाद काम कर रहे हैं।  
इन सभी के लिए आप लोग प्रशंसा के पात्र हैं। मैं आप  
की टीम को पुनः धन्यवाद करता चाहूँगा तथा आपको  
बहुत शुभ्र प्रार्थनाएँ, आप यूँ ही मदद करें। अभी लोग  
को जबरन है। आज से सक्रिय से आप सकीन मानीए  
आपकी टीम में एक और खिलारी (सदस्य) जुड़ा है।

शुभेच्छा  
पवन कुमार खन्लाका  
9691627364  
निवास - मिला सीडोर (अ.प्र.)  
411001

Thank you so much  
Adharshila Foundation



# New Catchment Areas



*Jaitpur, New Delhi*



*Yamuna Khadar*

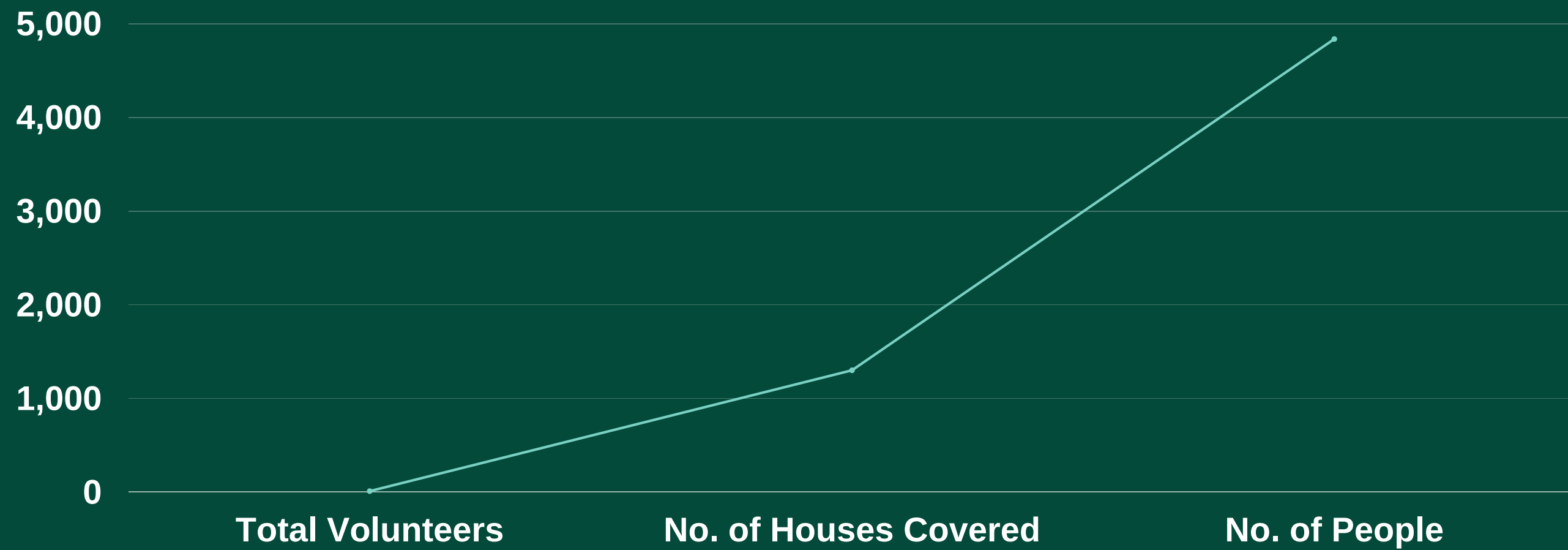


# Seeking Volunteers



## Role of Volunteers

1. Check on the dynamic needs of the COVID-19 patients by daily check-in calls, and the progress in their cases.
2. Provide real-time needs of patients to the back-end resources team who will be identifying the resources (e.g., medicines, food, medical equipment, access to medical help, mental health counselling, child care services)
3. Ensure that resources provided by Adharshila are being timely delivered to your respective COVID-19 patients through follow up calls.



# Mobilizing for Vaccination

Research, Survey, Awareness







Babita Chopra

Binu Jose



Sheela Singh

Talib Siddiqui



# The Coordinator's Team





5000 Masks Distributed



# ADHAR SHILPA



Ration Kits Distributed





Sanitation Kits Distributed





Covid Self Protection Kits issued to  
FRONTLINE WORKERS/HEALTH WORKERS





Masking Vulnerable Vendor Communities



Assign  
Helplines  
Numbers

Partner with  
other  
organisations

Fund Raising for  
implementation

Fund Raising for  
procuring  
Non Returndable and  
Returndable kits

Research, Survey,  
Awareness of  
Covid Protocol Behaviour  
& Vaccination drive

# ROADMAP





# COVID 19 RELIEF INITIATIVES - HEALTH

TOTAL OPD'S

**9966**

ONLINE  
CONSULTATIONS

**1100**

HEALTH

**746**

Online medical  
consultations  
provided to  
patients.

GEN. HEALTH  
CHECK-UP  
CAMPS

**413**

TOTAL NO. OF  
CONSULTATIONS  
IN BIHAR

**1065**

EYE CAMPS

**939**

PATIENTS





# COVID 19 RELIEF INITIATIVES

During the pandemic crisis, when routine activities and programs faced the brunt of the situation, Adharshila worked on identifying opportunities towards need based interventions to mitigate the immediate consequences arising from it. The lockdown period and the subsequent days were identified as a period for extending support to our migrant communities who were struggling for survival and self learning and development of team members.

**HYGIENE AND  
SANITATION**

**7241**

Sanitation kits  
distributed

**NUTRITION**

**3291**

beneficiaries  
provided with  
supplementary  
nutrition items

**RATION KITS**

**441**

**COVID 19  
AWARENESS AND  
PREVENTION**

**4000**

beneficiaries  
empowered





# Moving Forward

Arrange Covid Relief funding in advance. sustainability of this project needs 15000 USD/month for one year for Covid related relief and telemedicine.

Initiate and build robust partnerships pan india with like minded organisations.

Adopt and Enhance outreach in new catchment areas.





# Covid 3rd Wave Preparedness

A close-up photograph of a man's face, wearing a light-colored fabric face mask with black straps. He is looking directly at the camera with a serious expression. The background is dark and out of focus.

## Approach 1

Prepare 30 Adult Home Care Isolation Equipment kits

## Approach 2

Prepare 16 Child Home Care Isolation Equipment kits

## Approach 3

Partner with Govt Hospitals/  
Private Hospitals for beds

## Approach 4

Increase awareness in mothers to get vaccinated to protect children from contracting covid

## Approach 5

Mobilizing communities to get vaccinated

## Approach 6

Bursting Myths and Facts around Covid



# ADHARSHILA

Contact us

+919810137592

+917217667226

adharshila@gmail.com

adharshilango.org

