



4 JANUARY 2022

FOOD DISTRIBUTION REPORT

ADHARSHILA

In collaboration with

THE PLATED PROJECT



**On a
Tenacious
Project to
address
Poverty
and
Hunger**



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INTRODUCTION

The Jolly Family
sponsored nutritious meals for the ragpicker
communities in informal settlements in Delhi
in collaboration with
Adharshila
&
The Plated Project.



STEPS INVOLVED

Pre Distribution Survey

- A door-to-door survey was conducted by our team member to note the following parameters.
 - Name of the Head of the family.
 - Number of Family Members and their age group.
 - Gender.
 - Occupation.
 - Contact details.
 - Aadhar card details.

1

2

Pre Distribution planning

- Finalization of items to be distributed.
- Call-for Quotations from vendors.
- Finalization of Vendor.
- Planning the mode of delivery of the food packets keeping COVID regulations in mind.
- Identification of families and distribution of tokens

We took into consideration the working hours of the members of the community and found that **1 PM** was the most appropriate time for Food Distribution.

3

ON THE DAY OF DISTRIBUTION



4

Setting up the place for Distribution

- Taking into consideration the Hygiene Parameters, it was hard for us to find a suitable place.
- We did find some open space in front of a shanty and one of the members of the community volunteered to broom the space and spread a plastic carpet to place our items.



Cross Verification of Beneficiaries

5

- The data recorded by the mobilizer is cross verified by our team **with the slip produced by the beneficiary**
- Signature/ Thumb Impression of the beneficiary is taken on our data sheet as an acknowledgment of receiving the food.



Our team member cross verifying the credentials of the beneficiary

Beneficiary giving his thumb impression as an acknowledgment of receiving rations



Dispensation of Food

- After cross verifying the beneficiary data the Food packets were handed over.
- Cutting across caste, creed, gender, the food was distributed.
- The food packet included the following items:
 - Wheat Flour 5Kg.
 - Rice 2 kg.
 - Sugar 1Kg.
 - Salt 1Kg.
 - Oil - Half Litre.
 - Two sachets of Biscuits.
 - Toilet soap - 2

6





Our team followed all the necessary COVID-19 Protocols.

Here one of our team members is sanitizing the hands of a beneficiary.

Going beyond food distribution, toilet soap was also distributed to the beneficiaries to encourage good sanitation practices.



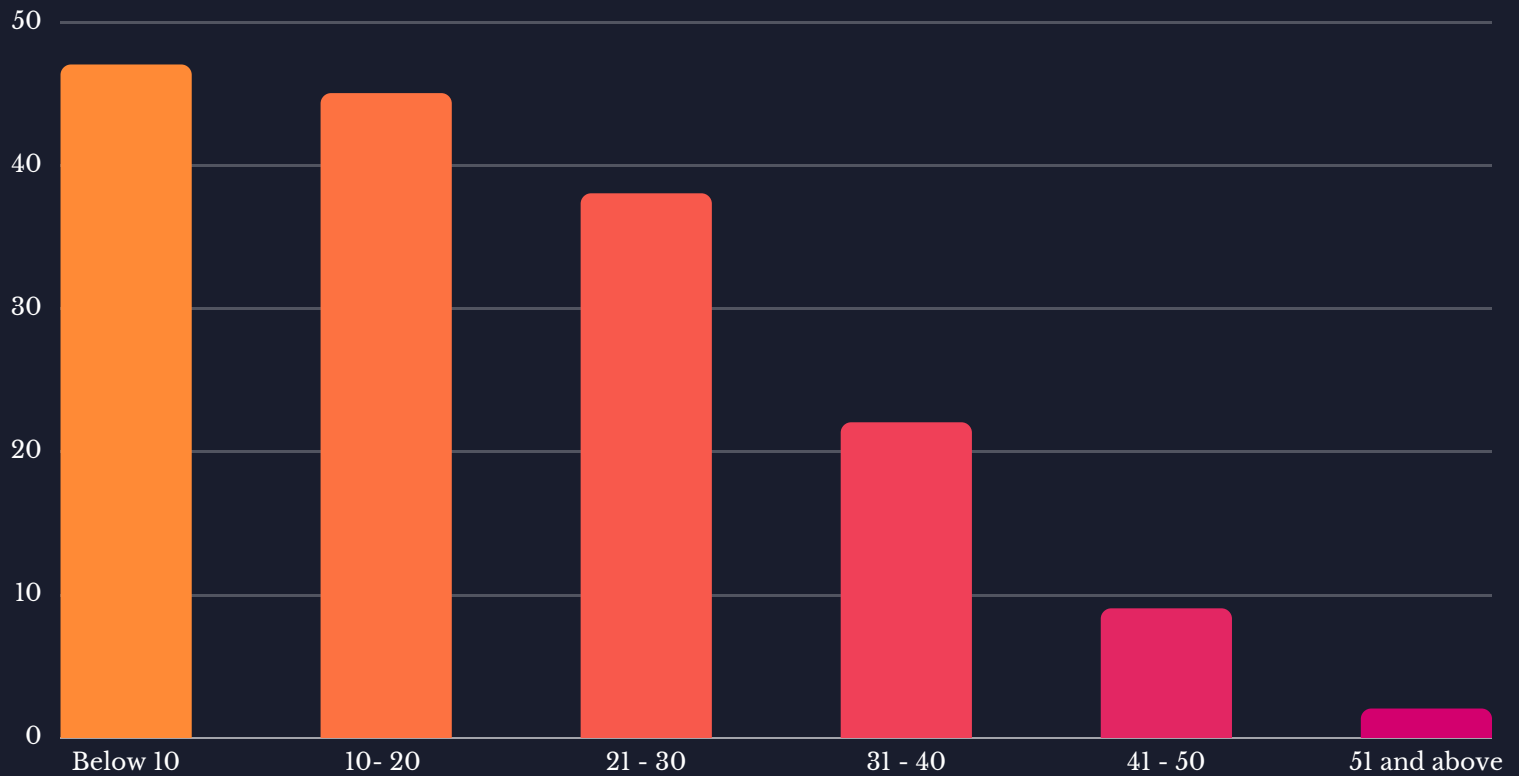
It reflects upon the pain caused in the eyes of the women folks due to the harmful smoke emanated by the Cooking set up fuelled by coal.





DATA POINTS

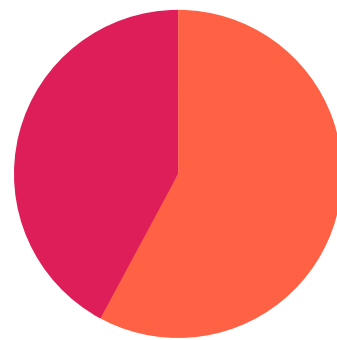
AGE GROUP OF THE BENEFICIARIES.



Analysis

The above graph manifests that the demography encompasses mainly **children** of age group **below 10**. It is at this age that the human body greatly needs essential nutrition to counter wasted and stunted growth.

Female
42.1%



Male
57.9%

Male:Female Ratio

29,420

Calorie intake added per family.

248

Members ate healthy and nutritious food.

7

Days of Ration was provided.

IMPACT



ALL THE MEMBERS OF THE COMMUNITY WERE OVERWHELMED AND EMOTIONAL ON RECEIVING THE FOOD PACKETS. CHILDREN WERE HAPPY AND EXCITED TO SEE THEIR MOTHERS TAKE HOME ENOUGH RATIONS FOR THE FAMILY FOR A WEEK.



1. Lack of Clean Cooking fuel

Despite the Government making its best efforts through the schemes like **UJJWALA**, the community members continue to use traditional methods of cooking using coal and dungs.

2. State of Destitute

The daily wage earners were worst hit by the Global Pandemic, escalated by unhealthy physiology drove them into what is called the **VICIOUS CYCLE OF POVERTY**

3. Hygiene at its rock bottom

Lack of Health and Hygiene awareness and facilities, along with Occupational Health Hazards makes the community vulnerable to myriad diseases.

4. School Dropouts

Due to lack of funds, facilities and motivation among the parents many children have recently dropped out of school and are forced to work as domestic workers & rag pickers.

INSIGHTS FROM GLOBAL HUNGER INDEX 2020

15.2%

of

the Indian population is
undernourished, meaning that they
do not receive enough calories per
day

4.8%

of

children die before the age of five

15.1%

of

children under five are wasted,
reflecting acute undernutrition.

38.7%

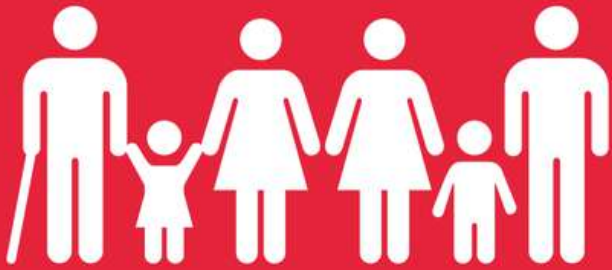
of

children under five are stunted
reflecting chronic undernutrition



SDG Goals Catered to :

1 NO
POVERTY



By providing them with a few meals, we have enhanced their family savings which can be used by the family towards other needs.

We provided them with nutritious food and also contributed towards accomplishing the goal of Zero Hunger.

2 ZERO
HUNGER



HUNGER - A Ubiquitous Issue

Mountains can be moved with patience and determination. Hunger, a historically persistent mountainous problem that has a domino effect on the health, society and economic state of the nation needs to be looked at. Adharshila and ThePlatedProject have a concurrent vision of addressing hunger and are taking every possible initiative in this direction through systematic data collection, diligent surveys, research and analysis of the data collected . Adharshila also conducts Health OPDS in a multitude of blighted areas which are majorly occupied by the migrant communities in and around Delhi NCR.



**LOOKING
FORWARD TO
CONTINUING
WORKING
TOGETHER IN
FUTURE.**





