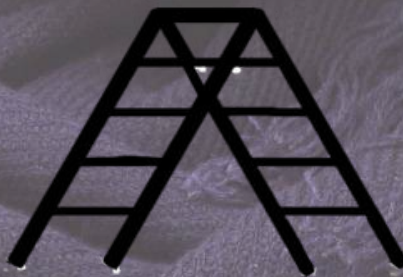


ADHARSHILA

We try to Make the World Better

ANNUAL REPORT *2022-23*



ADHARSHILA

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MESSAGE FROM TRUSTEES



NEENA JOLLY



GEETA ARORA

Back in 2004, our journey began with one community in the urban informal settlements of Govind Puri, New Delhi. Over the last 19 years, we have served over 2,91,397 individuals in several locations in Delhi NCR. While numbers serve as a benchmark of our commitment, ours is a story of passion, grit and determination to succeed against all odds. Through placing our stakeholders at the center of our programs, Adharshila co-exists and works closely with our communities at each stage. This year we dug deeper into the challenges faced by our communities and our projects to realign our parameters of impact. We predominantly focus on internal migrants with a special focus on women beneficiaries. We continue to strengthen our verticals on Education, Health and Skilling. I wish to take this opportunity to thank all our stakeholders for their contribution and support in our journey so far and to Adharshila's team that has enabled this. One of the most enduring aspects of our work has been community participation and mutual respect. We hope for your continued support as we work towards our goal of 5,00,000 beneficiaries by 2030.

ABOUT ADHARSHILA

Adharshila works for the upliftment of the underprivileged section of society by striving to empower and enable them, especially women, through education, skilling, digital literacy and healthcare clinics in Delhi- NCR

Adharshila's strength lies in building partnerships with fellow NGO's, Corporates, Government Organizations, Civil Society and National and Inter-national Organizations.

AREAS OF WORK

- 1. Healthcare**
- 2. Remedial Education**
- 3. Skilling programs**
 - Computer Courses certified by NIIT**
 - Spoken English**
 - Apparel Design and Fabrication Course certified by MasterG**

LEGAL STATUS

- **Indian Trust Act, 1882 on 15/10/2004, registration number 11,157.**
- **CSR Registration Number CSR00008054**
- **UN-ECOSOC Special Consultative Status granted in 2022**
- **Foreign Contribution Regulation Act, 1976 (FCRA) vide registration number 231660938, on 29/10/2008, valid upto September 2023.**
- **FCRA renewal application is under process (FCRA Saving Bank Account in SBI Main branch is operational and approved by the Ministry of Home Affairs)**
- **Income Tax Exemption under Section 80G of the Income Tax Act, 1961, valid upto A.Y. 2026 - 27**
- **U/S 12A, read with section 12AA (1) (b) of the Income Tax Act, 1961, valid upto A.Y. 2026 - 27**
- **The Blackbaud Giving Fund Registration ID NPP-6820326**
- **Benevity Causes Profile**
https://causes.benevity.org/causes/356-5730140564729_a9be

CONTRIBUTION TOWARDS UN DEVELOPMENT GOALS



3 GOOD HEALTH
AND WELL-BEING



5 GENDER
EQUALITY



8 DECENT WORK AND
ECONOMIC GROWTH



10 REDUCED
INEQUALITIES





**Total Reach
(2005 - 2023)**

2,91,397



Total reach this year

21,028

Direct reach

17,023

Indirect reach

4,005

The indirect reach is calculated by multiplying the number of beneficiaries who attended the awareness session by 5, assuming that one person will impart knowledge to 5 other members of his/her family, taking 5 as the average family size.



Advisable Centre For Skill Development
OFFICIAL, REGULATORY & FINANCIAL SUPPORT
Supported by
Government of India

Helping build healthier communities



HEALTHCARE

15,835
Beneficiaries reached



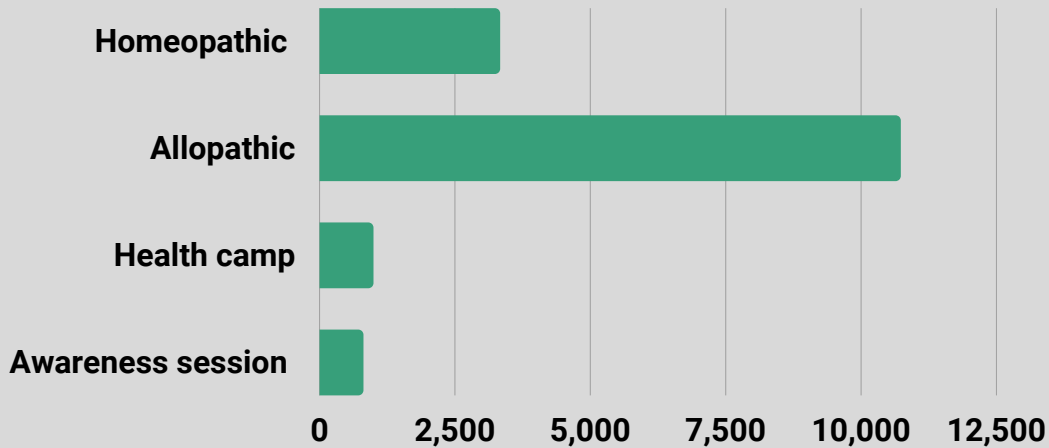
Primary Health Centers:

- Fena Adharshila Primary Health Program – Supported by Fena Foundation at Harkesh Nagar & Jaitpur Centre
- Adharshila Primary Health Program - Supported by Lal Chand Public Charitable Trust at Gwal Pahari Centre
- Adharshila Primary Health Program –NCR- Co-supported by
 - Driplex water engineering Pvt. Ltd,
 - Rithwik Projects Pvt. Ltd,
 - JMC Projects Ltd/ Kalpataru,
 - Proactive Data System Pvt. Ltd,
 - ANA Designs Pvt Ltd,
 - Dalmia Bharat Foundation,
 - Krishi Rasayan Export Pvt. Ltd.
- Homeopathic Clinic -Supported by Renu & Bipin Maira @ Tigri, Harkesh Nagar, Kalkaji and Jaitpur Centres

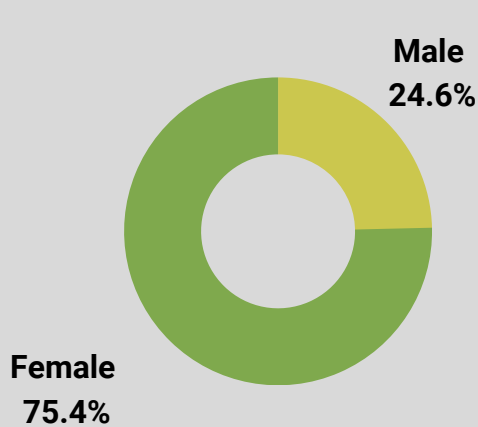
OUR FUNDAMENTAL APPROACH

- Deliver comprehensive, culturally competent, high-quality primary health care, as well as supportive services such as health awareness
- Create patient-centered, integrated care systems that are tailored to the specific requirements of various medically underserved regions and populations.
- Provide care regardless of the patient's financial situation

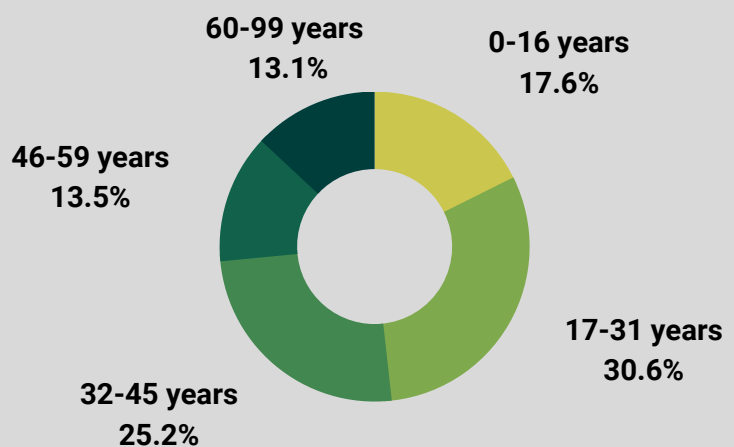
HEALTH AT A GLANCE



Gender distribution

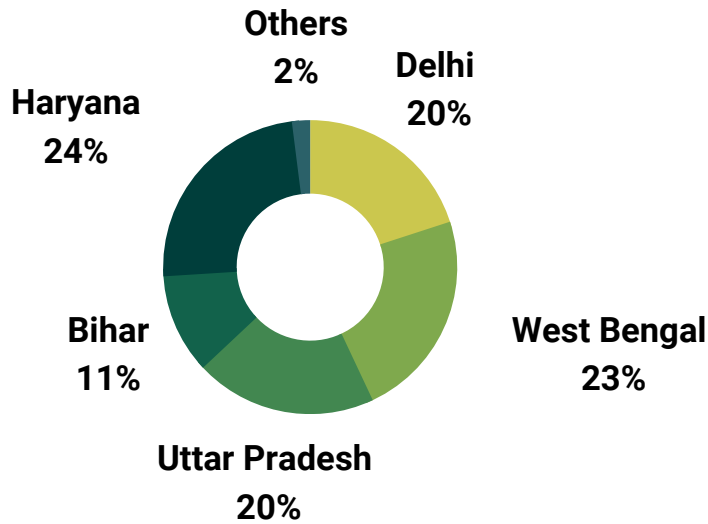


Age distribution

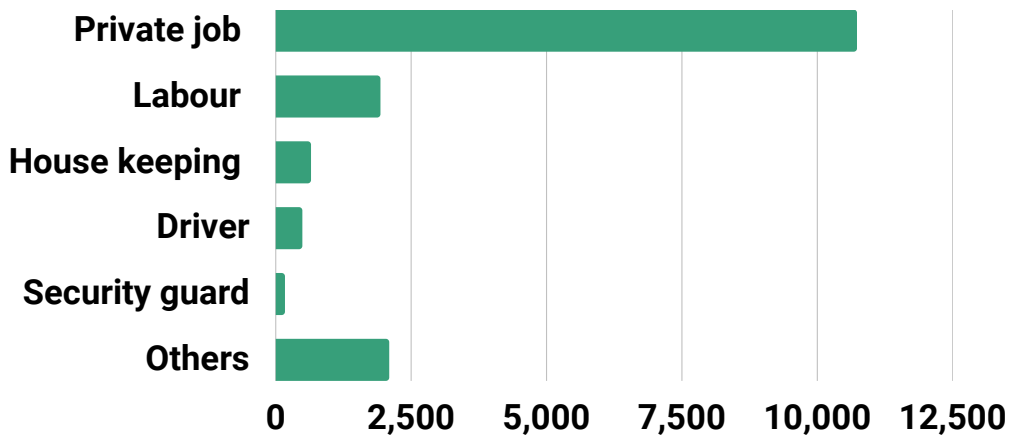


In addition to offering regular OPDs at our health centres, we also serve individuals who are unable to see us by hosting a number of health camps at both our facilities and other locations. The success of the treatment depends on both the treatment and awareness. These camps are held each month to educate people on maintaining a healthy lifestyle.

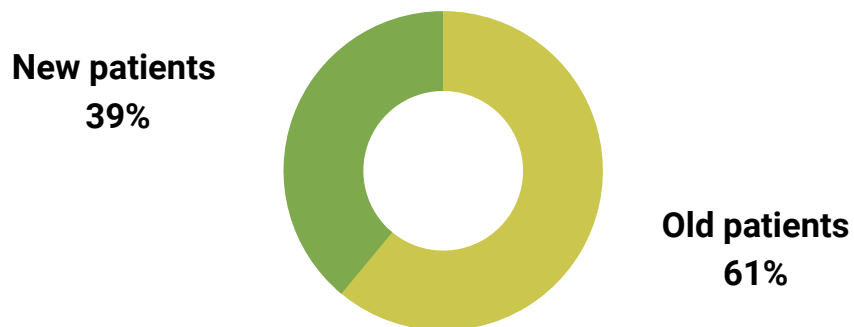
Healthcare was made accessible and affordable for economically disadvantaged communities predominantly migrants from the following states



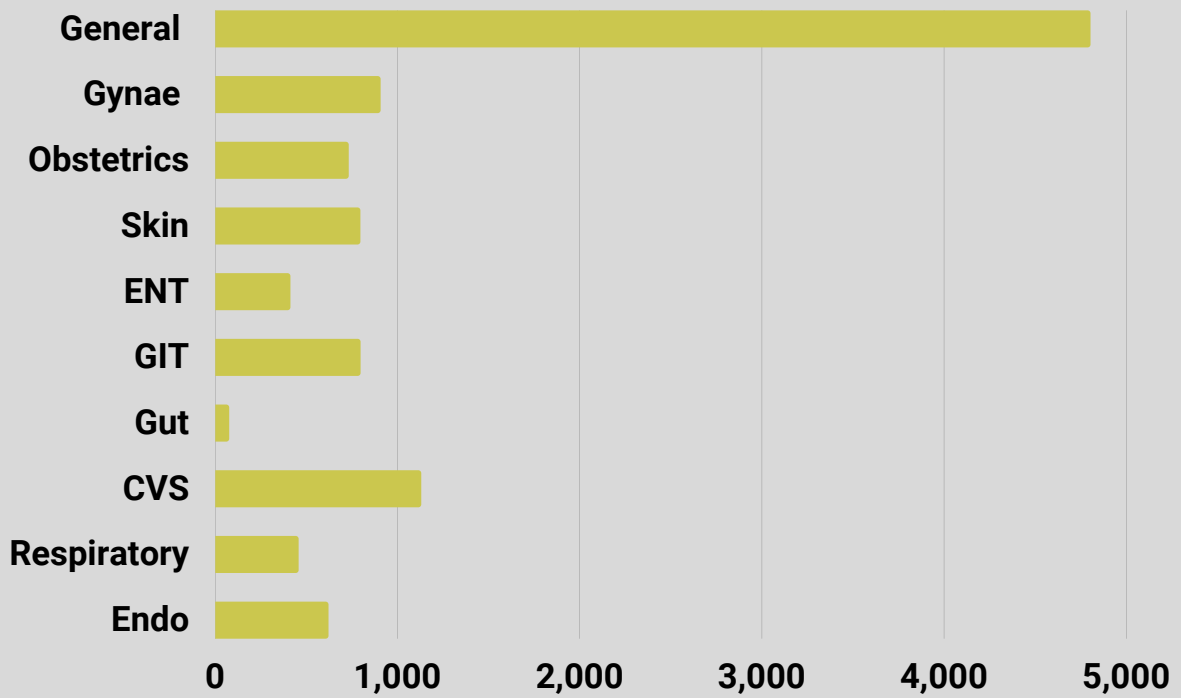
The Migrant population from the economically weaker sections of society were engaged in the following occupations



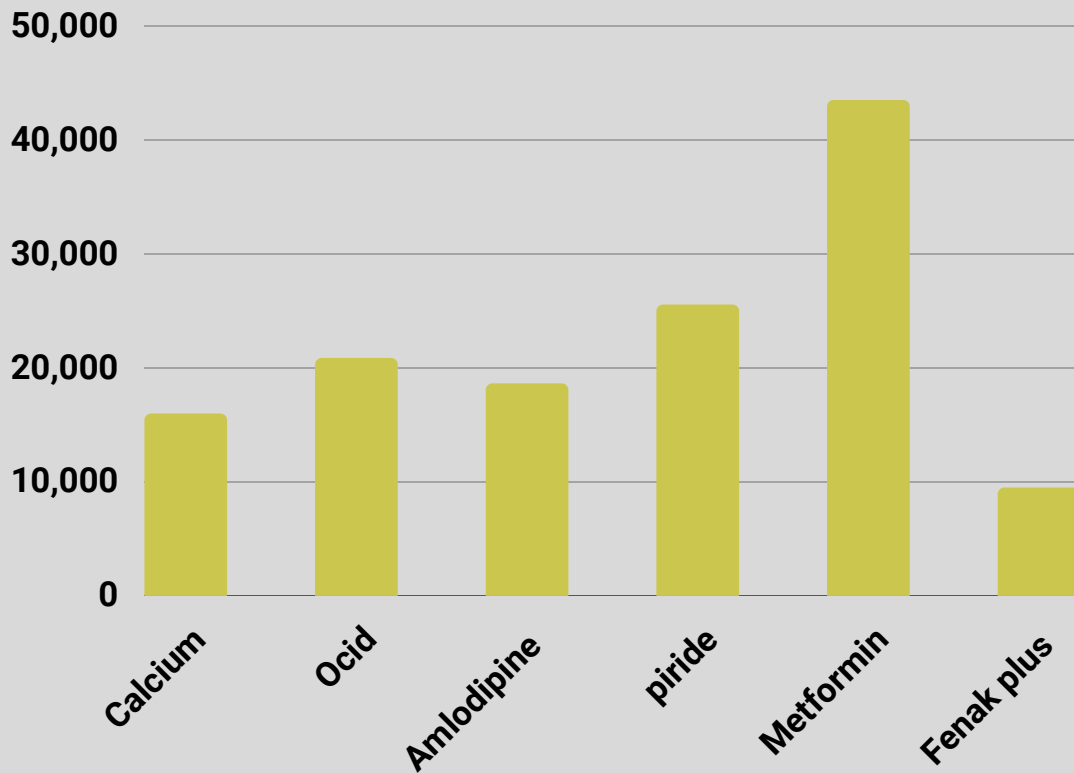
The best indicator of an organization's practises is patient sustainability. As a result of their trust in Adharshila, we were able to keep 61% of our previous patients, and we have added 39% more to this pool.



OPD in each department



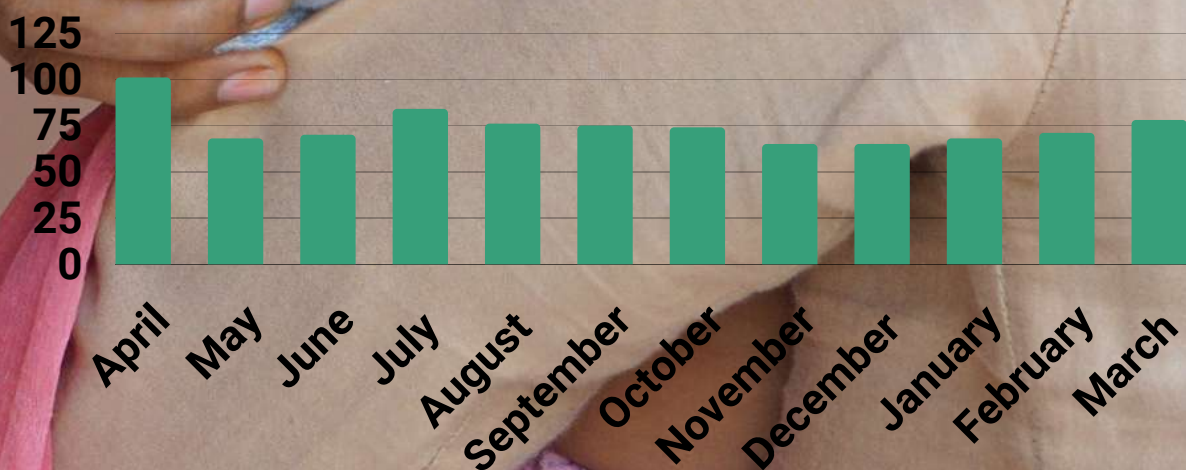
Drugs prescribed frequently



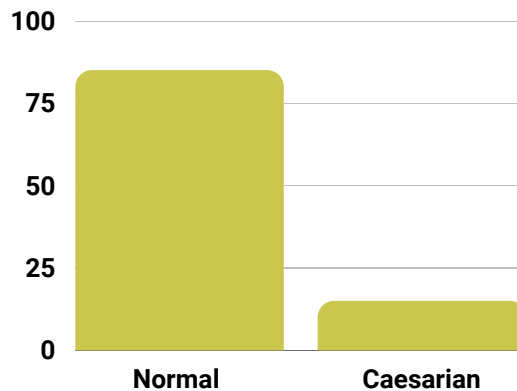
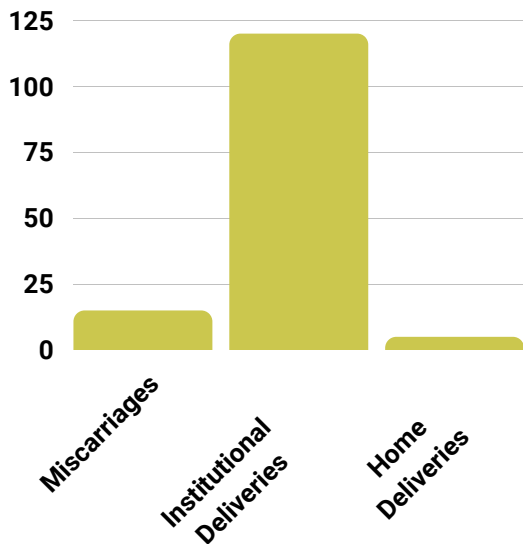
MATERNAL AND INFANT HEALTH

Adharshila is tirelessly trying to lower mother and newborn mortality rates and make a little contribution toward the health-related Sustainable Development Goals of the United Nations. One service offered is a daily supplement for expecting mothers. Other facilities include blood tests, medications, and counselling for institutional deliveries. Our top priority is empowering the community with the knowledge and abilities to deal with the health concerns.

ANC patients catered

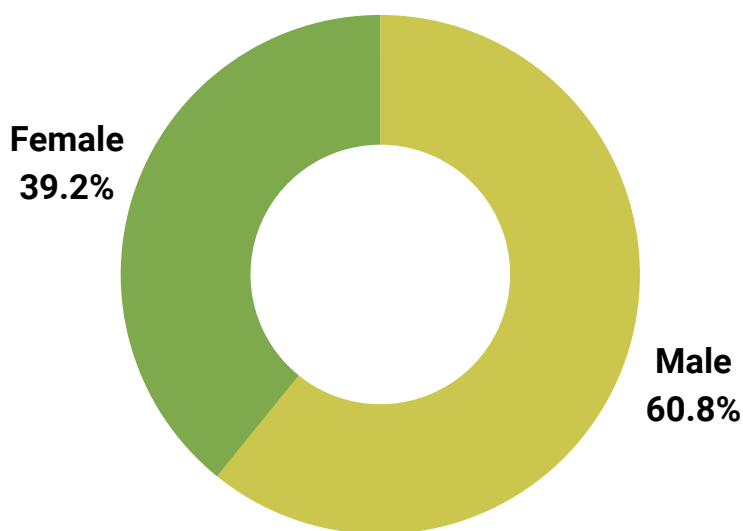


Antenatal care involves counselling women about the proper diet to follow and exercises they should perform while pregnant because of consistent counselling and appropriate antenatal care 70% of women who were pregnant gave birth to their babies naturally.



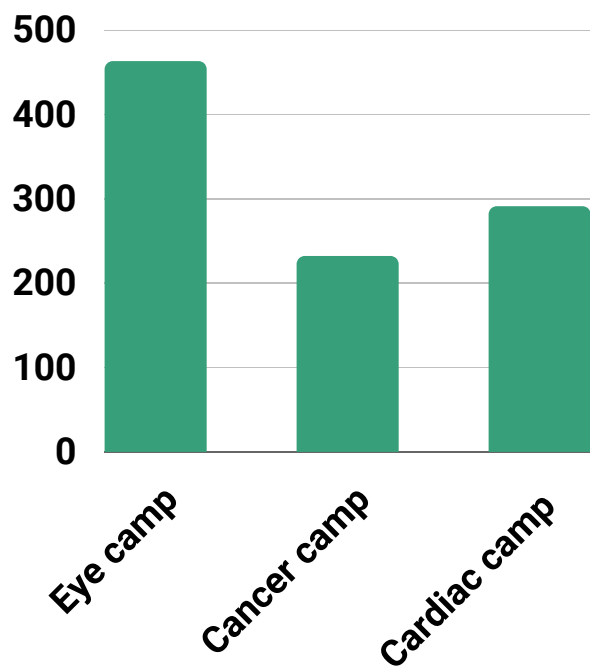
Among institutional deliveries, 71% were normal while as the rest were caesarian

The births that took place this year had the following number of males and females:



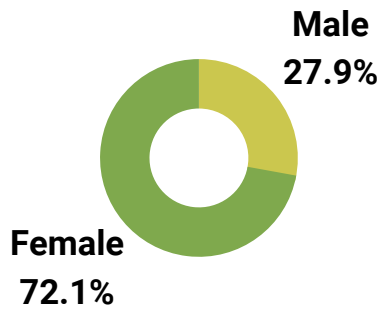
HEALTH CAMPS

For the underserved communities residing in slums and distant rural areas, health camps are arranged. These camps are organized with various stakeholders, including local authorities, affiliated groups, and specialist medical professionals (gynaecologist, dentist, ophthalmologist, general physician etc.) To determine the community's requirements, a need assessment survey is conducted. This is followed by substantial mobilisation by our mobilizers in and around the area through door-to-door visits, pamphlet distribution, and banners, which encourages more patients to visit camps.

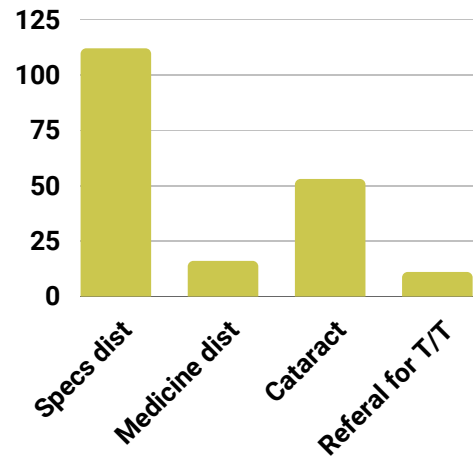


Eye camp

Gender distribution

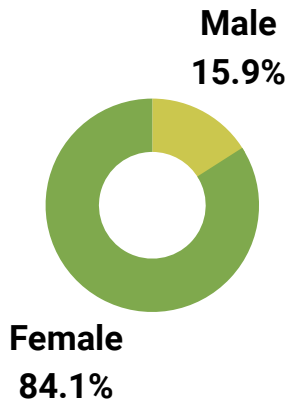


Outcome

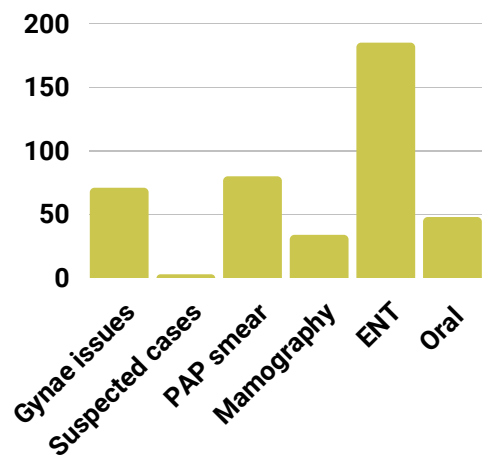


Cancer camp

Gender distribution

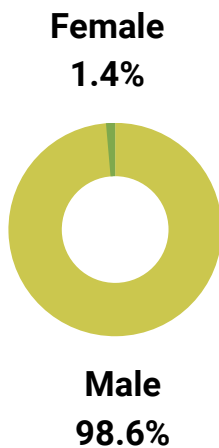


Outcome

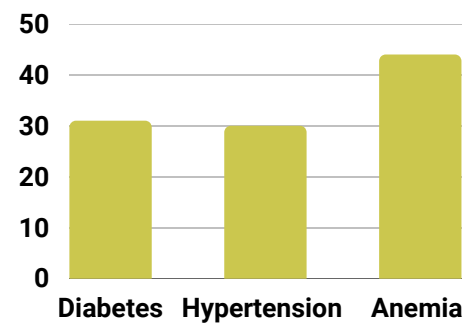


Cardiac camp

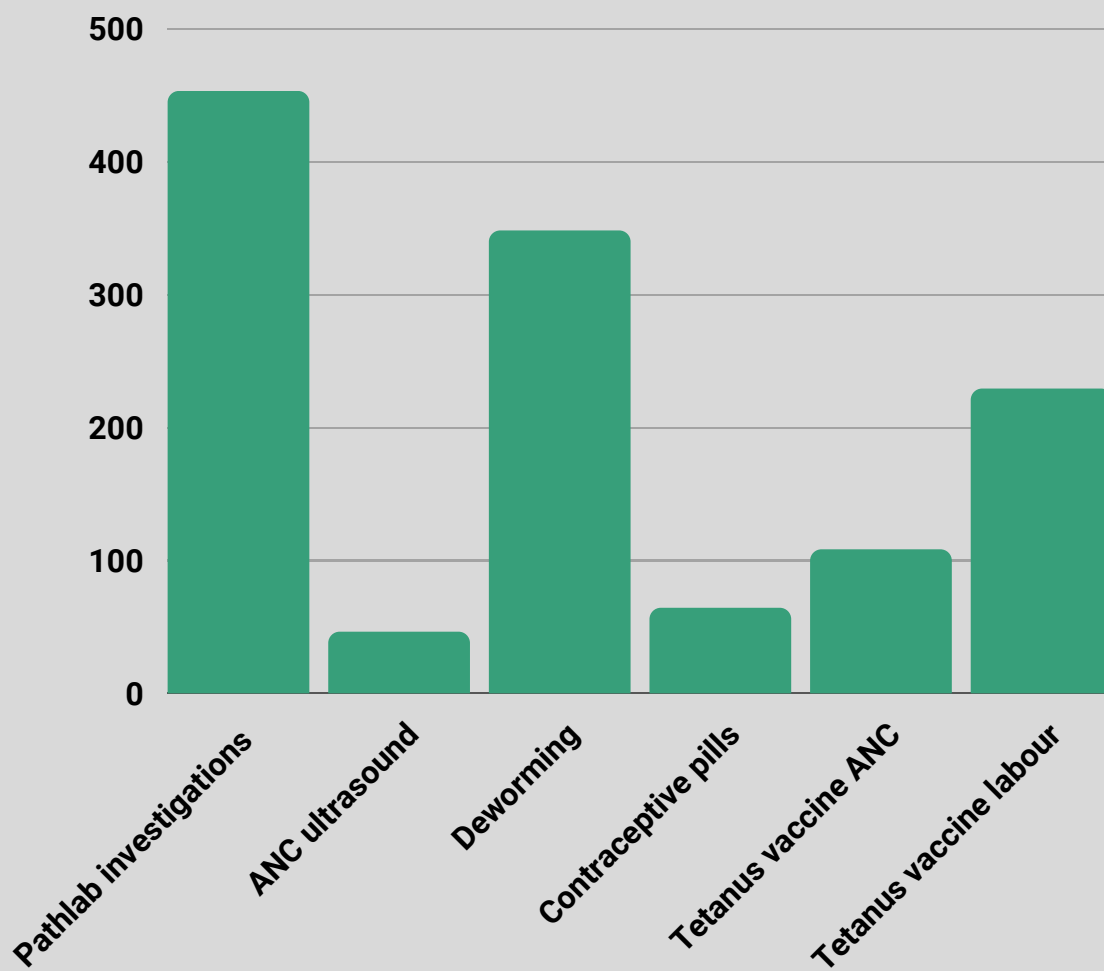
Gender distribution



Outcome



Other services offered





**ACCESSIBLE
&
AFFORDABLE
HEALTHCARE**

STORIES THAT INSPIRE

Case 1

A 63-year-old patient arrived with a six-year history of acute itching in both legs. His previous doctor gave him some antihistamines to treat the symptoms. The patient used to regularly take the antihistamines and then the itching would subside. The patient neglected to maintain his or her personal hygiene. We carefully checked the lesion and counselled him to maintain good hygiene and always follow the prescribed course of action. He was given topical antifungal, antibacterial, and antiseptic cream to use. We also instructed him on how to correctly administer topical treatments to the lesion. He received antifungal medication as well. He was relieved and the rashes had greatly lessened by the time he returned to the United States the following week. Now that the lesions are mostly gone, he is grateful to Adharshila.

Case 2

A temple priest approached us while suffering from a severe headache, blurred eyesight, and mild leg edoema. When the doctor probed about his medical history, he revealed a previous physician who had primarily prescribed analgesics that could only provide him with short-term relief. Unfortunately, the prior doctor never examined his vital signs. He approached us after he saw our ambulance during one of our outreach operations. As is customary for us, we initially examined his blood pressure, which was as high as 224/111. We then started his antihypertensive medicine right away. We encouraged him to come see us frequently, and we carefully monitored his health. Now that he is doing better, he feels genuinely grateful to Adharshila.

REMEDIAL EDUCATION

325 Beneficiaries reached

WHY EDUCATION?

**263
MILLION**

children and youth are out of school

THIS TOTAL INCLUDES

63

MILLION

children of primary
school age
(6-11 years)

61

MILLION

children of lower
secondary school age
(12-14 years)

139

MILLION

children of upper
secondary school age
(15-17 years)

1 IN 5

school-aged children are not in school



Remedial Education Centers

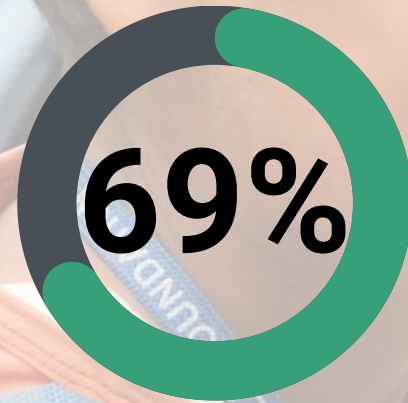
- Remedial Education Program - A project supported by Renu and Bipin Maira at Tigri Centre
- Improving Educational Outcomes - A project supported by San Diego Foundation at Kalka ji Centre
- Improving Educational Outcomes -A project supported by Larsen & Toubro at Tigri Centre

OUR GOAL

- Our goal is to prevent school dropouts by providing extra assistance to students who, for whatever reason, have fallen behind the rest of the class.
- We also encourage the dropouts to re-enroll themselves in the formal education.

OVERALL ATTENDANCE

The correlation between student attendance and academic achievement serves as a benchmark to record their progress. Attendance is monitored regularly and if the students or parents are facing any challenges, we try to resolve them together so that they don't miss their classes.



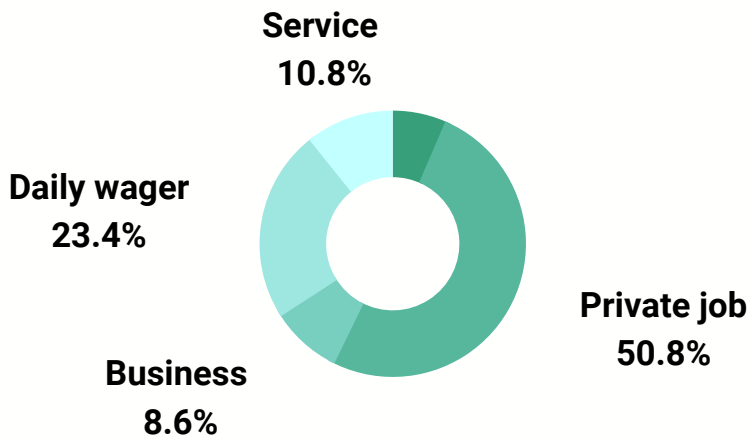
Student Enrollment

Male students
54.5%



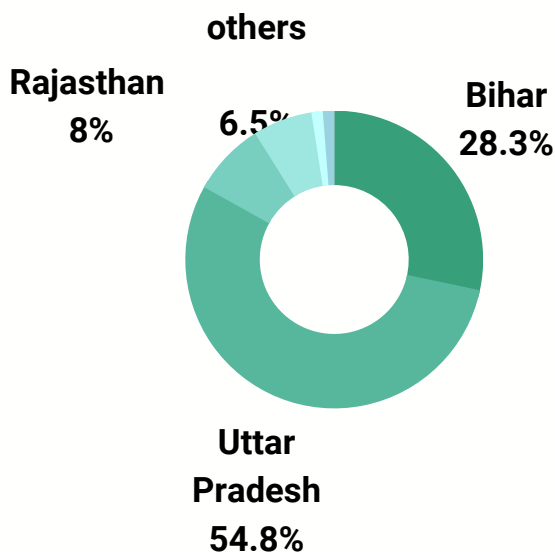
Female students
45.5%

Occupation of parents



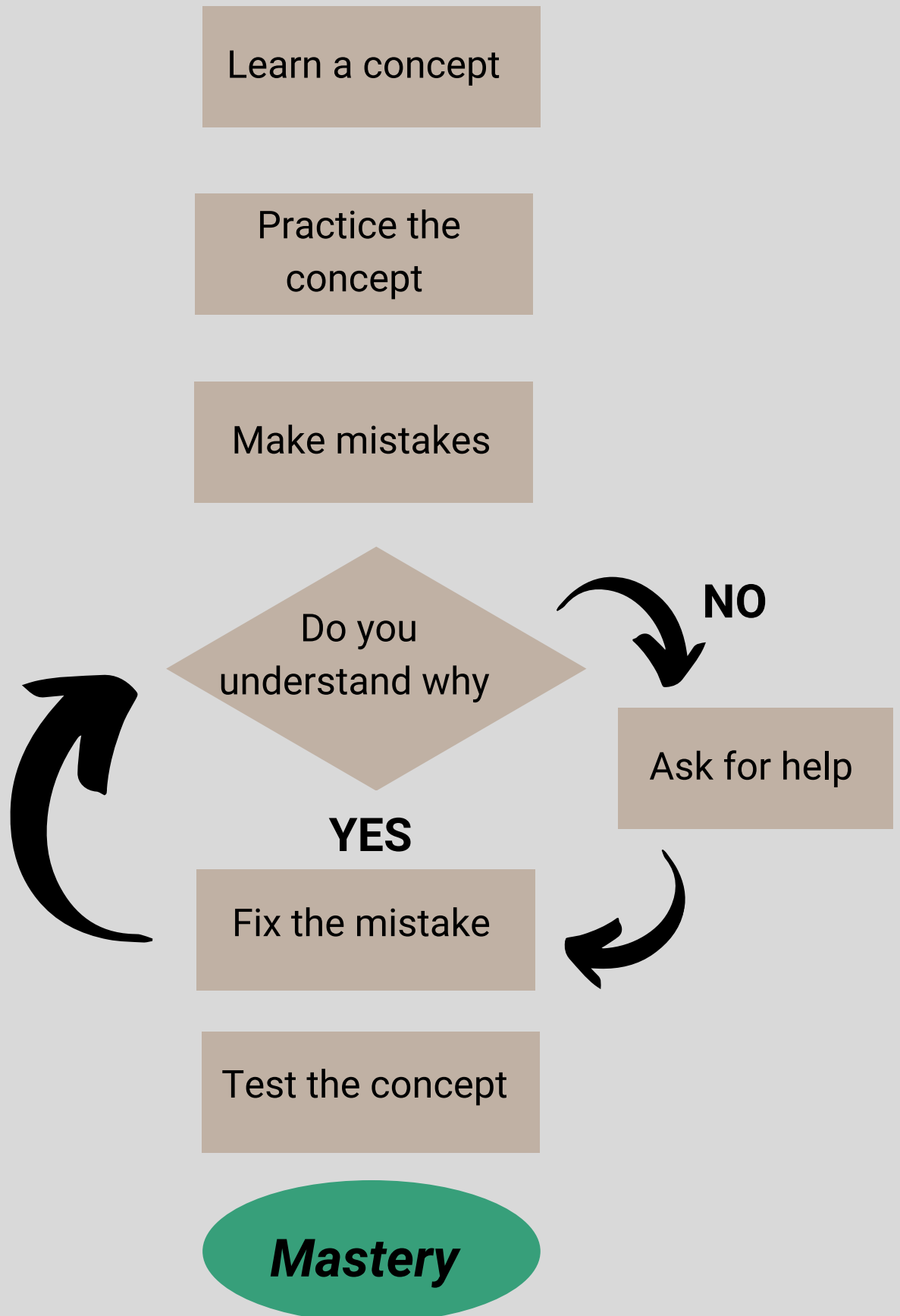
In a family where both parents are working and not able to spend quality time, their children are often lacking necessary support and supervision. Over time, it impacts their academic performance. Here, Adharshila steps in to give the students the right direction and career advice.

Migration Status of parents



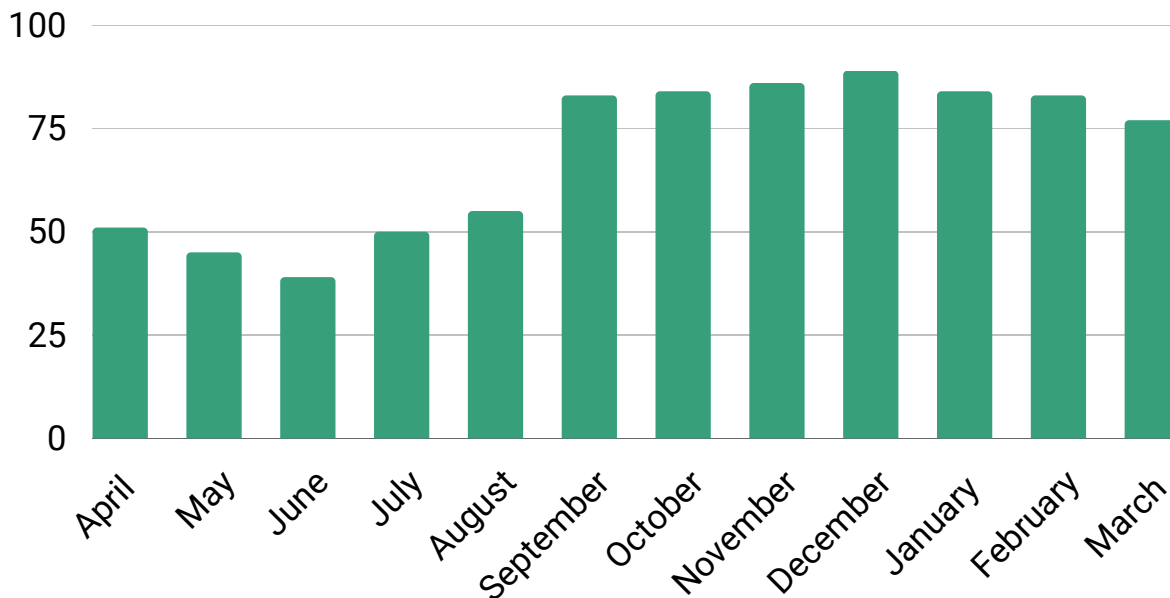
A diverse student body means the students have a range of states of origin, cultural and ethnic identities, religious beliefs, income levels and gender identities. It promotes personal growth and critical thinking and helps students learn to communicate effectively with people of varied backgrounds and strengthens community living

WHAT WE PREACH



IMPACT

Attendance per month



The correlation between student attendance and academic achievement serves as the main justification for high-quality attendance data. The most important factor in determining a student's success at school is their instructor, yet even the finest teachers find it difficult to offer opportunities for learning when their students frequently miss class. We pay close attention to attendance, and students who miss class frequently are taken into account. After calling them for follow-up and hearing about the issues preventing them from visiting our locations, we offer advice and motivate them to study and enrol in remedial classes.



PEER LEARNING



our methodology emphasizes that children must fully understand a concept before they move on to the next one. Because we believe that every child learns at a different pace, our classrooms are set up to support effective individualized learning, with teachers taking on the facilitator role. Peer learning is not a substitute for teaching; However, it enhances education by adding to its learning activities and enables students to take responsibility for their own learning.

Outcome:



Fosters teamwork



Social interaction and better social skills

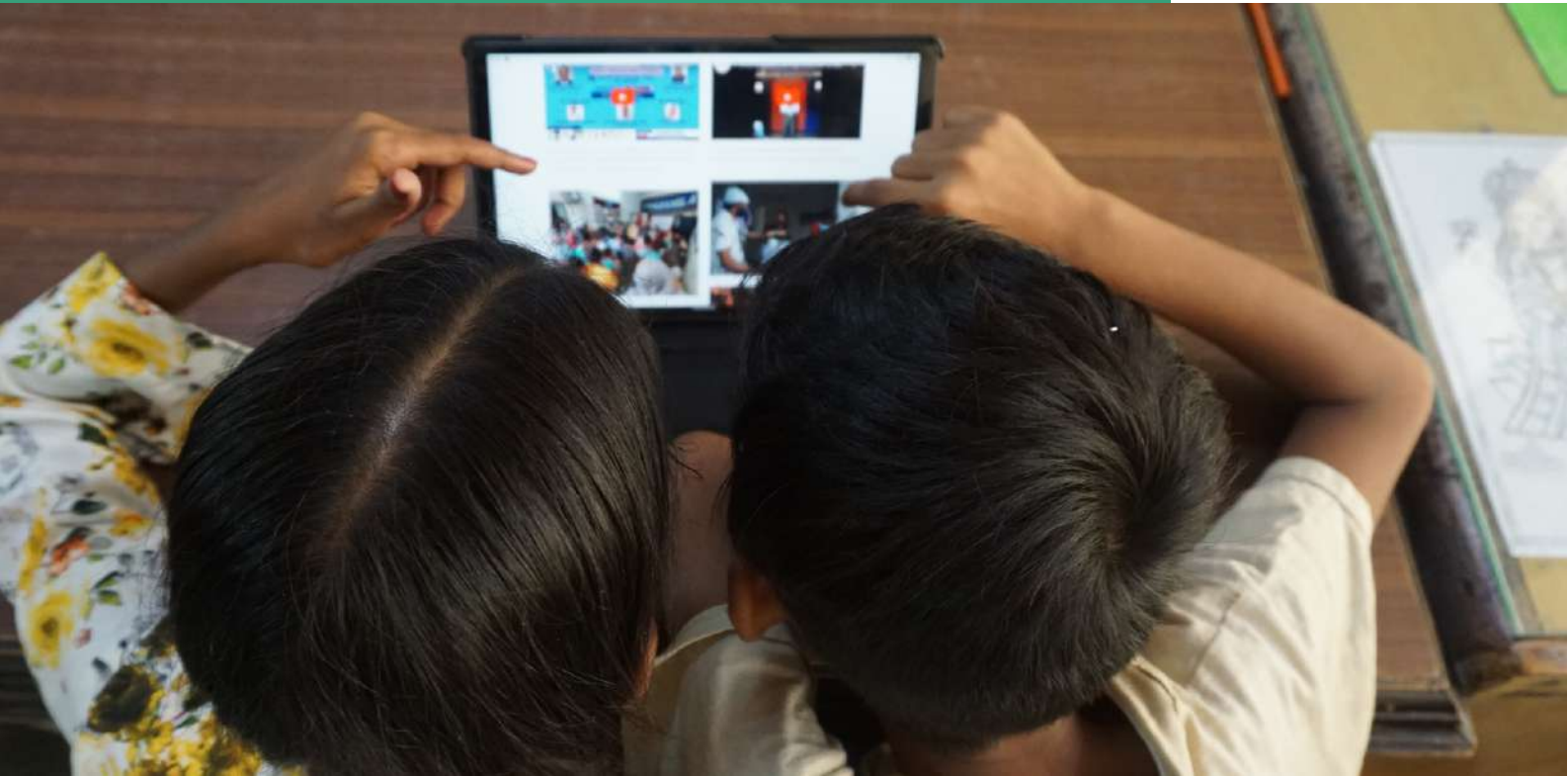


Culturally responsive behaviour



Introduction of a new perspective

Establishment of Digital Library & Smart Classes



Students can use the Digital Library we've built at our facility if they don't have access to digital devices. Students can utilise the devices for research, project completion, instructive video viewing, and online class attendance. With the establishment of this digital library we aim to provide the facilities such as :

- No physical boundaries
- Round the clock availability
- Multiple access
- Preservation and conservation of information

PROJECT OUTCOME

1. BETTER LEARNING OUTCOMES



Enhanced home learning



Greater focus on concept clarity & Better grades



Increased time spent with books

Home Learning

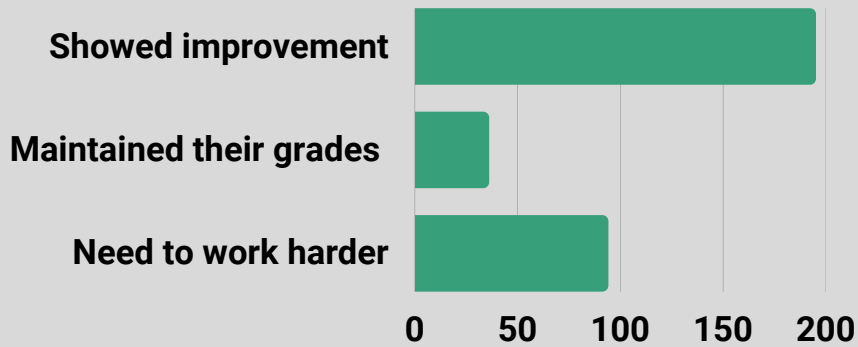


Steps taken by our team to improve home learning

- Parent-Teacher meeting
- Counselling of students
- Counselling of parents
- Resolving the problems that they face while doing their homework.

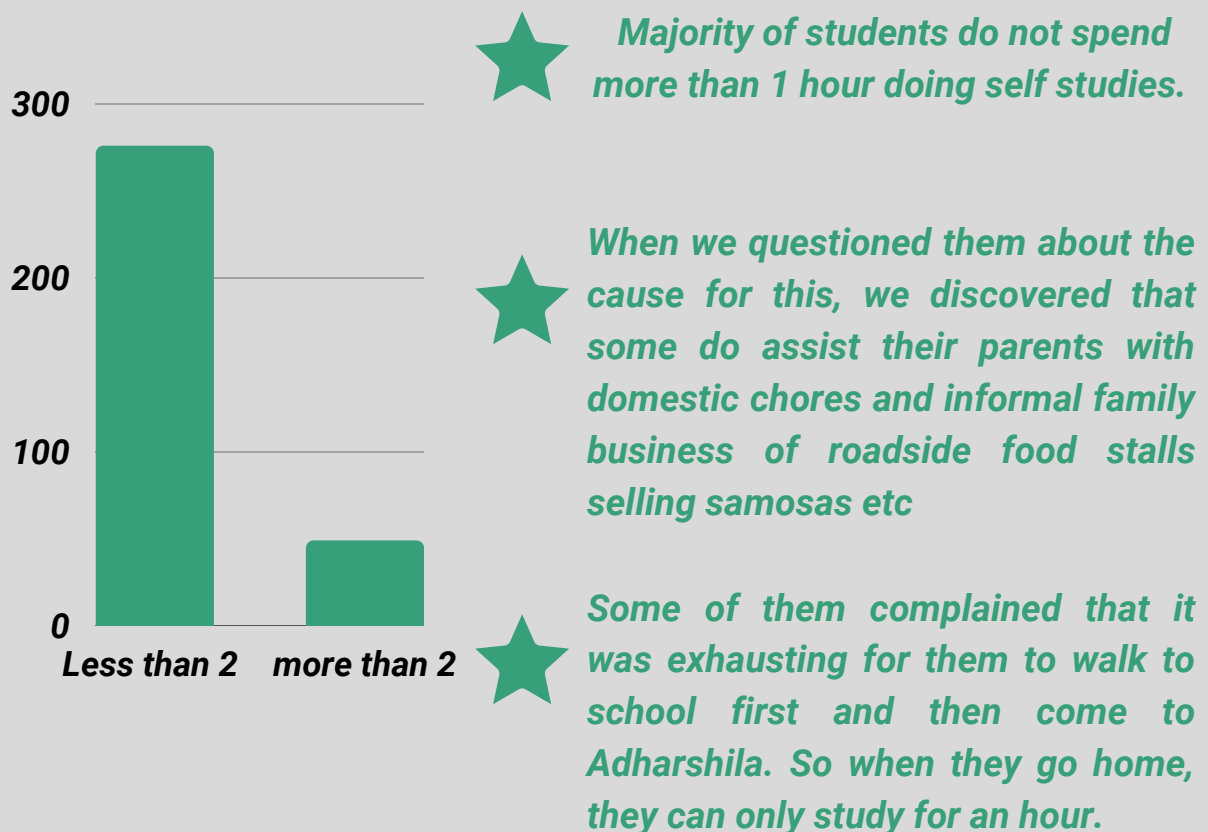
PROJECT OUTCOME

Better grades



60% students showed improvement in their grades after studying at Adharshila

Time dedicated for learning at home



PROJECT OUTCOME

Strengthened support system

Students are gaining support from 3 main sources:

- School
- Adharshila
- Home/parents

Out of 325 students

308

are getting support from all the 3 sources

13

are getting support from Adharshila and School

04

are getting support from Adharshila and home

Data analysis

Despite universal recognition of the right to education for everyone, girls are still more likely than boys never to attend school. The same results are noticed in our analysis also. Four students receiving only home and adharshila's support are female. They are not receiving any assistance from school, implying that they have never attended school. Adharshila's remedial education program assists such girls in non-formal education and enrolling them in open school.

STORIES THAT INSPIRE



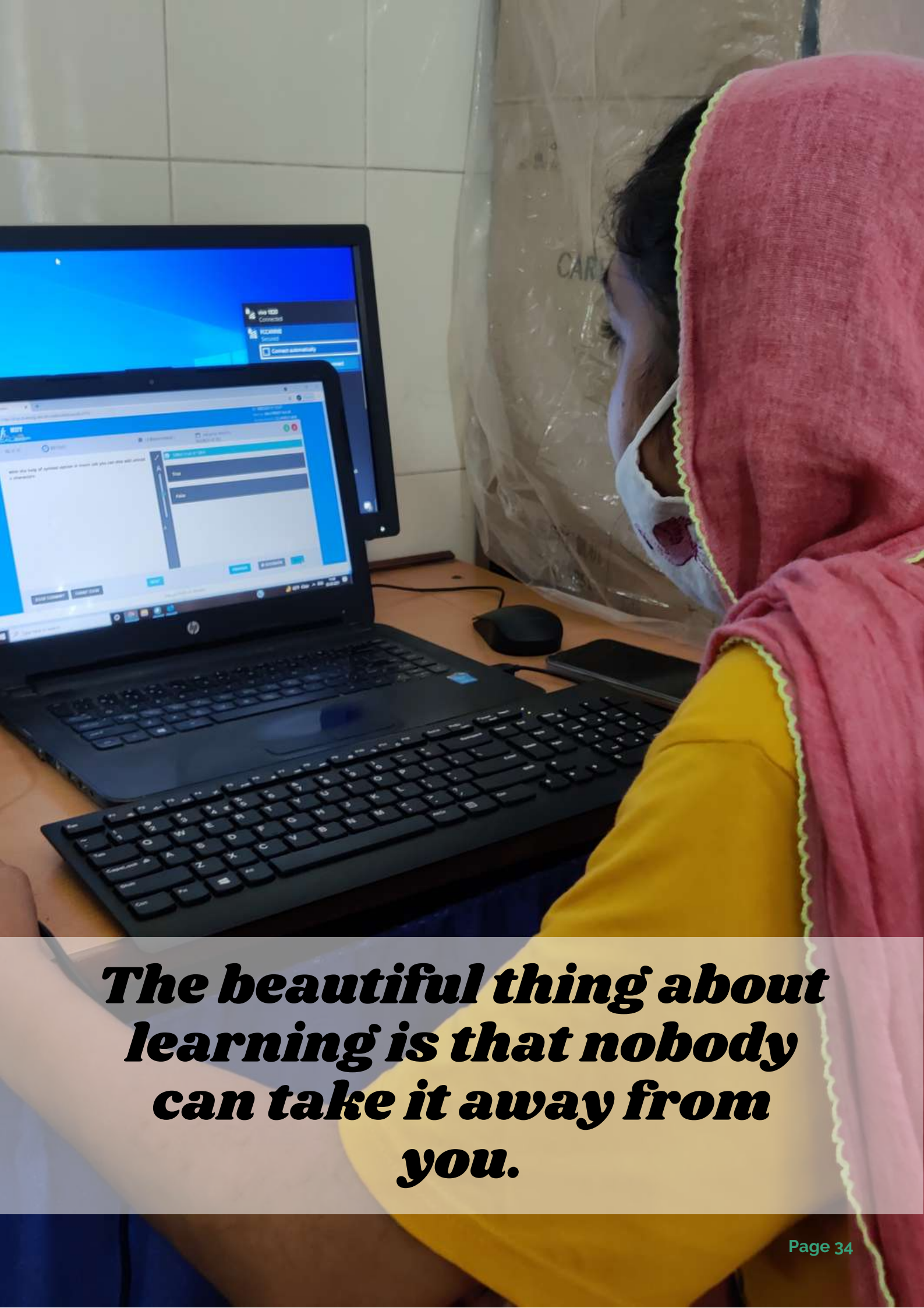
SHUBHANKAR

Shubhankar lost his mother when he was young and his father was not very concerned about him so his grandfather sent him to a boarding school where he can study. But after sometime he came back to Delhi and joined Adharshila. During COVID-19, he lost his grandfather. He was the only one who could understand and support him. After the demise of his grandfather, Shuibhankar had no one to talk to share his grief. Despite of this loss he is coming to Adharshila regularly and preparing for his next class exam because he want to fulfill his grandfather dream of getting good education and he hope that Adharshila will help him to achieving his goal.



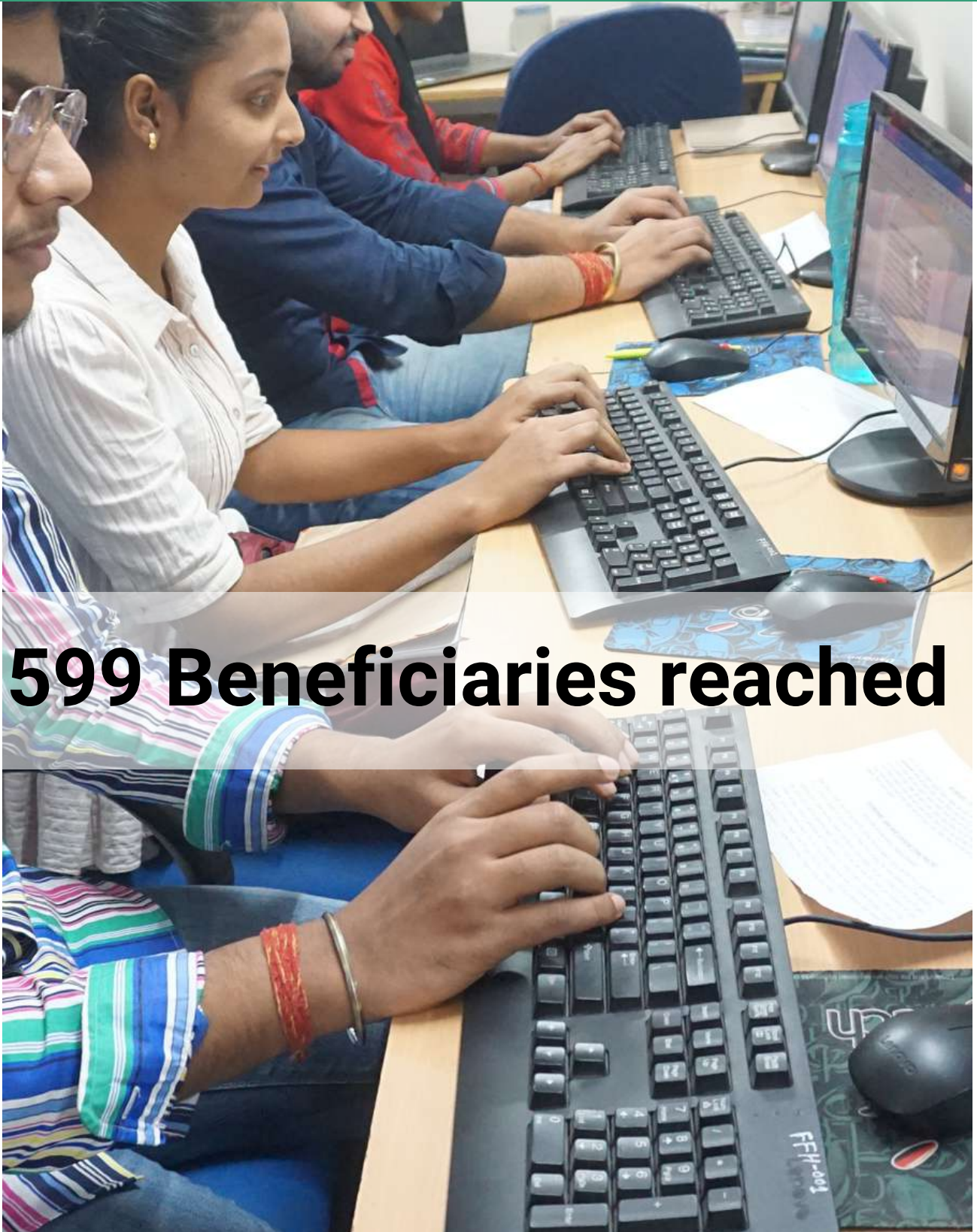
PREETI

Preeti, a very brilliant and hardworking students has been associated with us since class 1st. Her father sells flowers at Kalkaji Mandir, and her mother stays at home. She has four brothers and sisters. His father is the sole breadwinner and could not pay the exorbitant tuition charge, which is why she was allowed to the Adharshila remedial course. Despite daily financial difficulties at home, she manages to do well in her class tests. She can even clear her friends' doubts and assist them with their schoolwork. She is a true inspiration to her peers.



The beautiful thing about learning is that nobody can take it away from you.

COMPUTER EDUCATION



599 Beneficiaries reached

PROJECT OBJECTIVE

We are aiming towards skilling youth to create employment opportunities from low income communities in urban slums and villages of Delhi-NCR by:

- Providing digital literacy to improve research and web browsing skills to navigate daily tasks
- English speaking and personality development classes to improve their communication skills



Executive Summary

We realise the scope of generating skilled workforce and utilising the 'demographic dividend' and are committed towards providing opportunities for youth in our communities. Through our computer skill development program, we strive towards bridging the skill gap and address the challenge of skill development in the country.

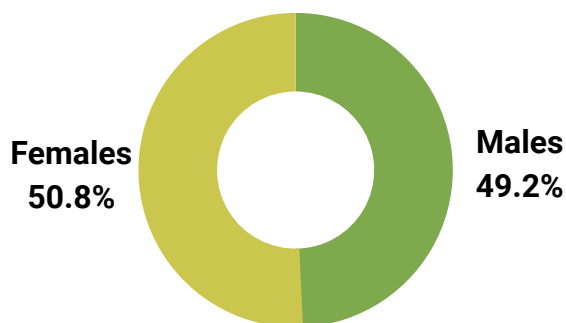
Computer Centers:

- **Fena - Adharshila Centre for Skill Development - Computer Training - supported by FenaFoundation - Kalkaji Centre.**
- **Fena - Adharshila Centre for Skill Development - Computer Training - supported by Fena Foundation - Harkesh Nagar Centre.**
- **Maira Computer Centre - supported by Renu and Bipin Maira - Tigri Centre.**

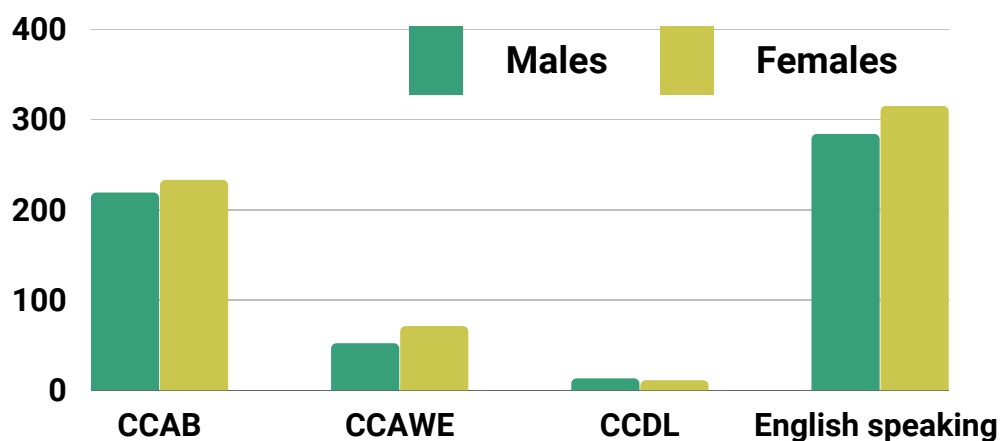


YEAR AT A GLANCE

Gender distribution



Courses offered

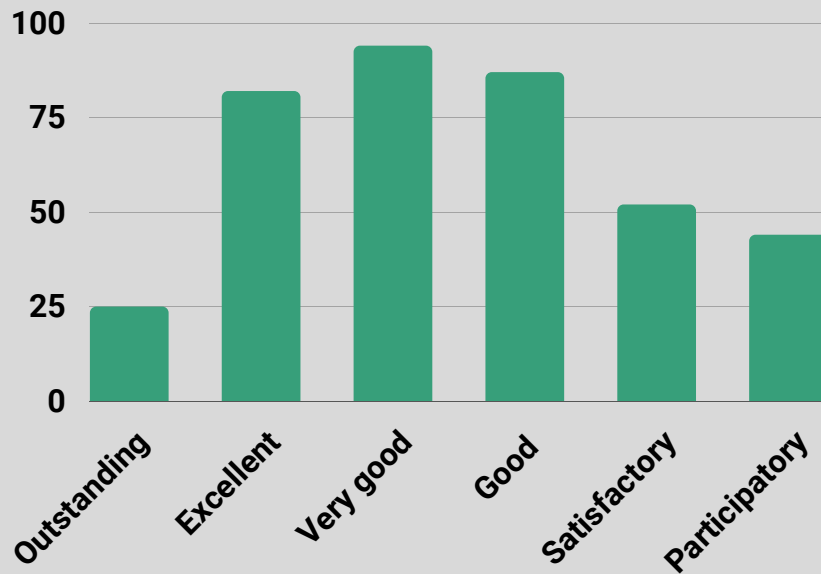


In computer classes this year, more women than men were enrolled. All four of the courses offered had more female students than male students. Women are becoming increasingly tech-savvy and interested in learning new skills as society changes.

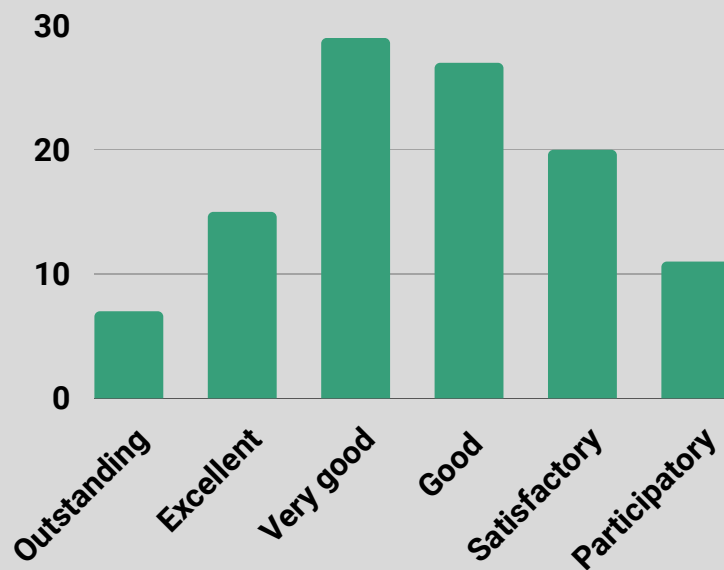


Performance of students

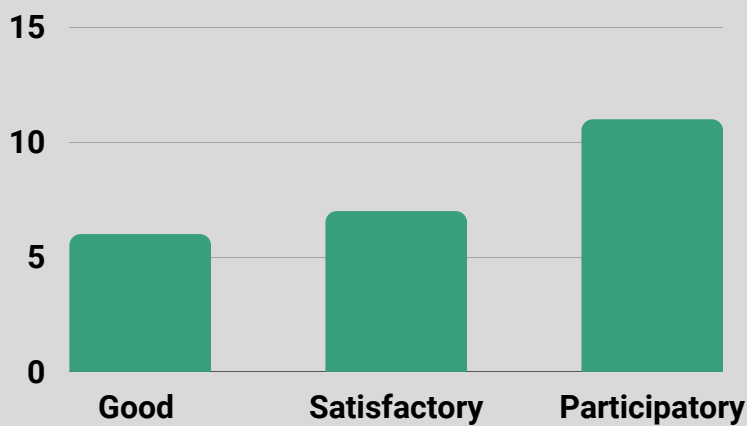
CCAB



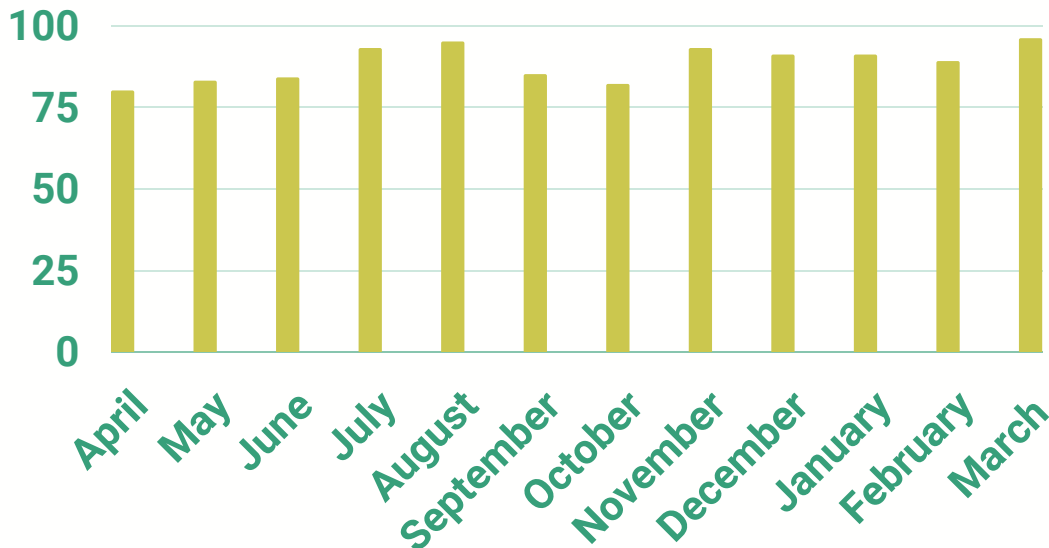
CCAWE



CCDA



ATTENDANCE OF STUDENTS



Performance evaluation

During the course of the program, the students are evaluated on various parameters such as punctuality, discipline, communication, appearance and task management. Apart from computers, the students are made aware of the above skill sets which are much appreciated by employers at the time of interviews.



CERTIFICATE DISTRIBUTION



Adharshila Graduates receiving Certificates from NIIT & MasterG

STORIES THAT INSPIRE



SHAMSHIDA

“I am 39 years old, and I have spent fifteen years of my life as a typical housewife, having forgotten the purpose of my existence. However, for the remaining years of my life, I am committed to live my life in my own terms. I will complete my CCAB course from Adharshila and become a teacher.” Ironically, for Shamshida, the two year period of lockdown (Covid-19 Pandemic) was a blessing in disguise. It made her realize that she needed to come out of her shell and pursue her unfulfilled dreams.

Eventually, Shamshida enrolled herself in CCAB in April '22 to brush up on her communication skills, and also to ensure that she is adept at teaching her children at home. She wishes to continue her endeavor to learn, teach and make herself proud.

After completing her 12th Exam, Priyanka enrolled herself in Basic Computer and English Course. Since then, Priyanka had shown improvement in her communication skills, confidence, and her personality. She was one of the best students in her batch.

She was one of the best students in her batch. Priyanka never shied away from participating in role-plays, group discussion, and mock interview in the class.

Currently, Priyanka is pursuing Economics Honors from Delhi University, concurrently she tutors ten (10) primary students from her neighborhood and earns Rs.2400 per month. Her dream is to become an IAS officer. **“My dream is big, but my teachers, my family, and I believe that if I can dream it, I can do it.”**



PRIYANKA

APPAREL DESIGN AND FABRICATION



389 Beneficiaries reached

Apparel Design & Fabrication Program

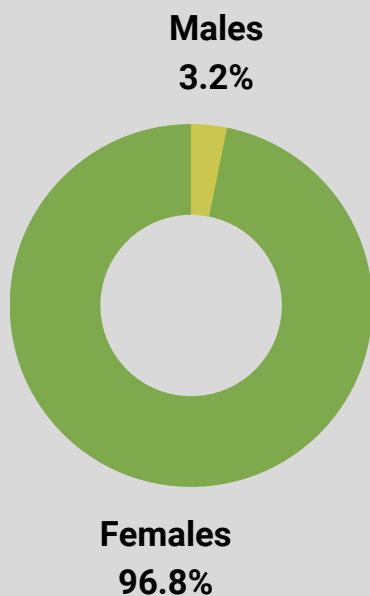
Adharshila collaborates with MasterG as the knowledge partner to implement the Apparel Design and Fabrication course

- **Fena Adharshila Centre for Skill Development – Apparel Design & Fabrication program at - Tigri & Harkesh Nagar Centre**
- **63 Moons Adharshila Centre for Skill Development – Apparel Design & Fabrication Program at Jaitpur Centre.**

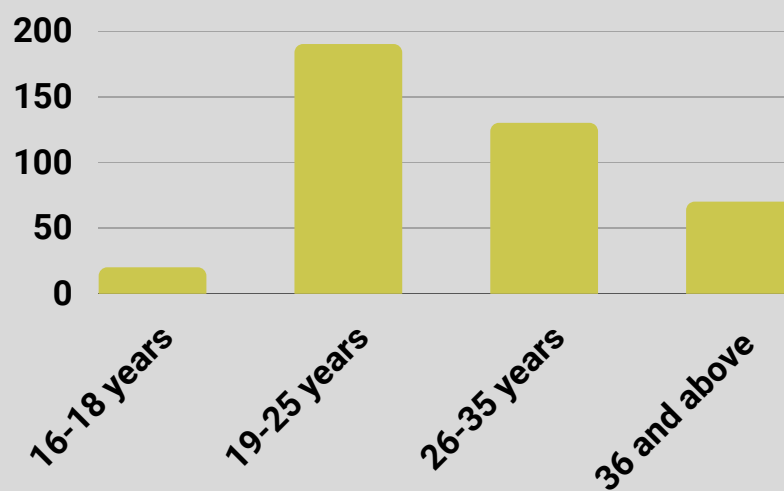


YEAR AT A GLANCE

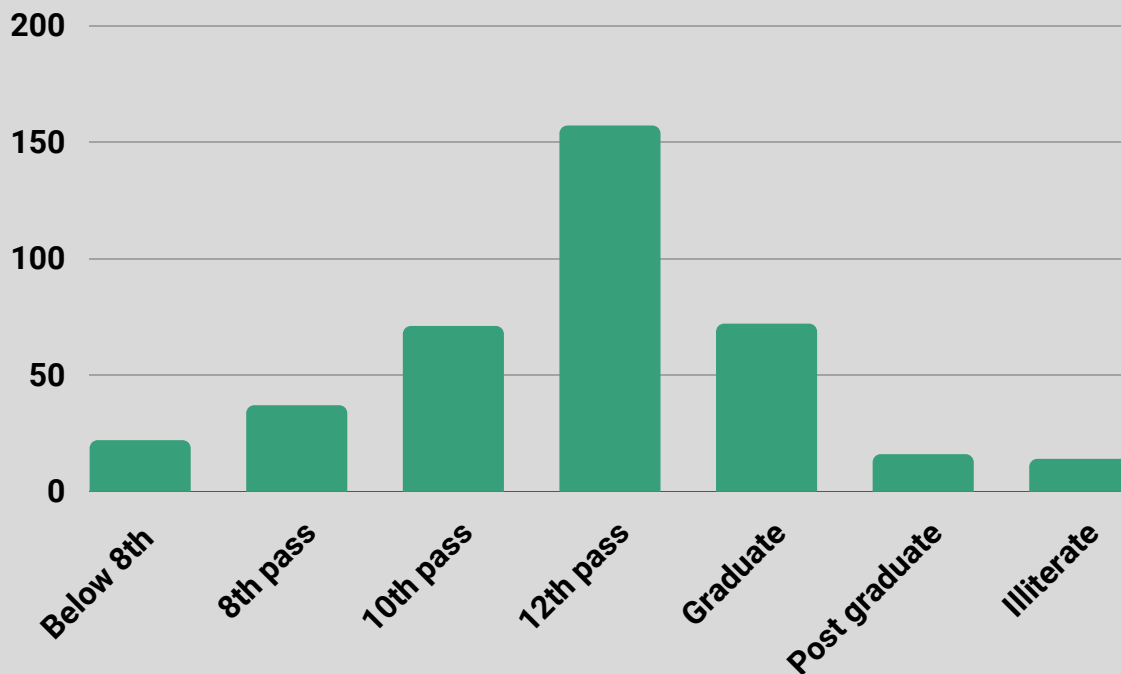
Gender distribution



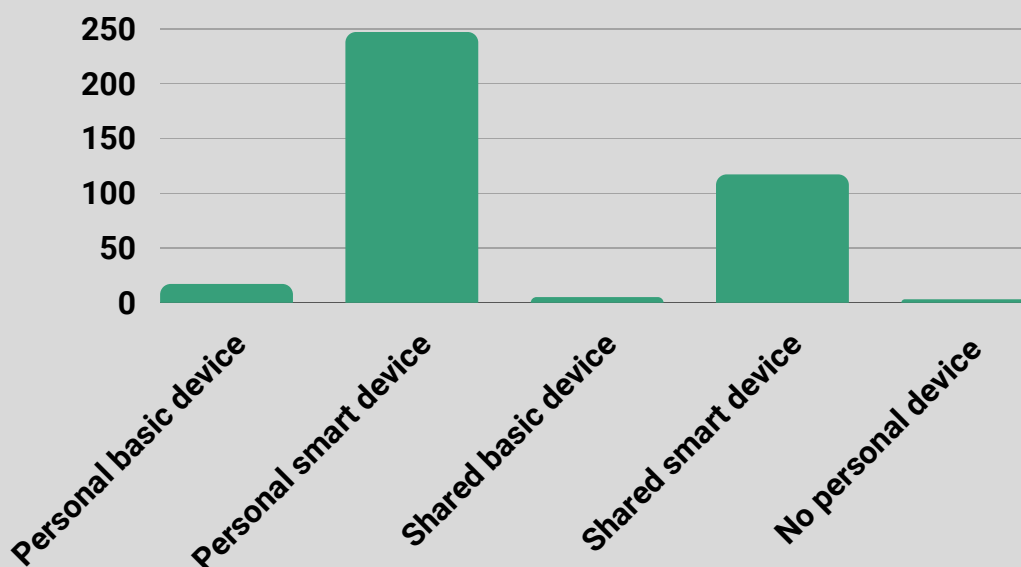
Age distribution



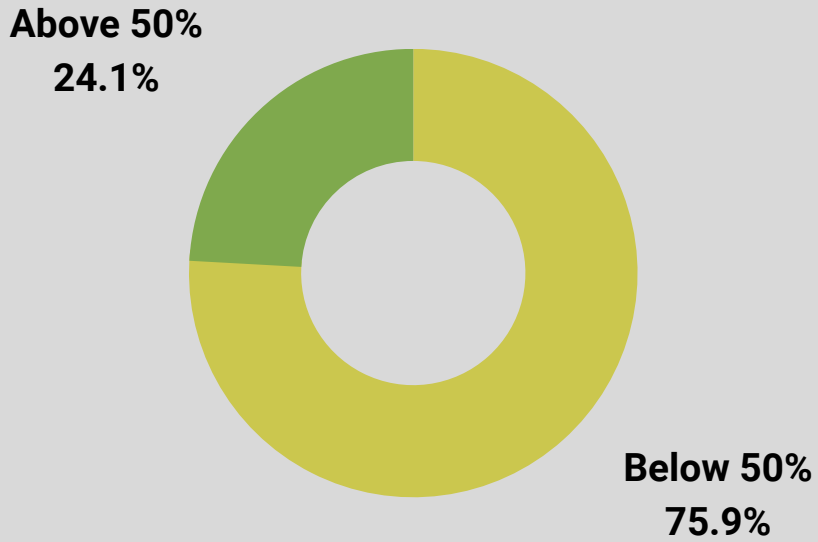
All the beneficiaries, irrespective of their educational qualification and what background they come from are taught under the same roof. The diversity of our beneficiaries ranges from post graduation to illiterate. The data is as follows:



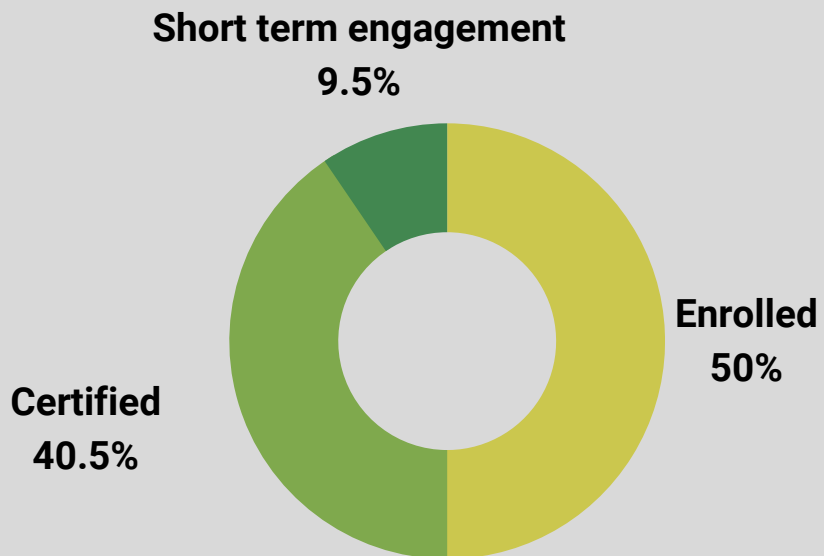
students conduct extensive internet study to successfully complete this course so that they learn about new fashion trends and put them into practice. Our beneficiaries have access to following devices:



G score Course
Evaluation scores



Successful Completion



Total beneficiaries enrolled

389

Illiterate

14

Literate

375

Adharshila's ADF platform, bringing all the beneficiaries together

INPUT

Training on stitching

Communication skills

Research skill

Breaking patterns

OUTCOME

Ability to make clothes of various designs and enhance the design by incorporating variations in it

Ability to convey their thoughts and speak for themselves.

Digital literacy, which helps them to know about the modern world and what is the demand of the hour so that they can supply accordingly

Making a place for themselves in the family and in society. The recipients are treated equally to their counterparts since they are viewed as prospective sources of supplementary family income.

IMPACT

Women Empowerment

Employment

ADF course steps



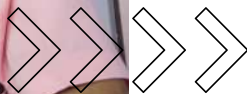
Online research



Sketching and Tech Pack



**Pattern making
and cutting**



**Stitching and
finishing**

ANNUAL FASHION SHOW- CERTIFICATE DISTRIBUTION

Fashion is not what you wear but how you wear it. Adharshila conducts fashion show every year at the end of course. It gives an opportunity to our students to don and showcase their line of garments. We do invite local manufacturers and boutique owners to market the products manufactured by the students to get absorbed in the real world market.



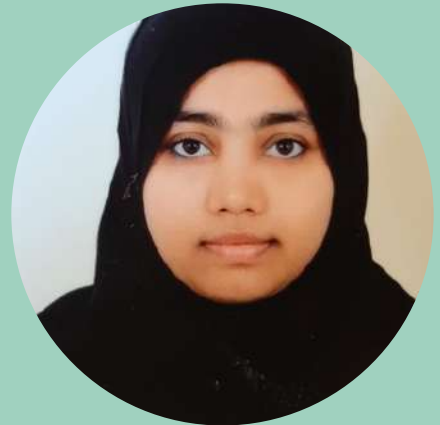
***Certificate and Gift Distribution by
Hon'ble Justice Deepak Verma(Retd.)***

ANNUAL FASHION SHOW



STORIES THAT INSPIRE

Ghousia munawar, a 28-year-old Hyderabad girl, came to Delhi to pursue her dream of becoming a fashion designer. After the demise of her father, she was left with the sole responsibility of running her family as the eldest daughter, despite the fact that she lacked the necessary skills. She then heard about Adharshila, which was like a ray of hope for her because she had always been interested in design. Coming to Delhi was a huge challenge for her, but she overcame it.



GHOUSIA MUNAWAR

Her family was staunchly opposed to her decision, but she eventually persuaded them, travelled to Delhi, and her journey with Adharshila began. She was initially perplexed, but with the help of the Adharshila team, she overcame her fears and is now one of the best students. She has finished her basic course and is now working on her advanced. She'll keep flying higher and higher from here.

Mayuri, a 36-year-old woman, joined adharshila after learning about it from one of her acquaintances. A friend of Mayuri's told her about adharshila, and the 32-year-old woman decided to join. She was already managing a boutique, but she lacked a certificate. To make this more professional, she decided to obtain one and enrolled in Adharshila's course in apparel design and fabrication. After completing the course for four months, she received her certificate. She had a really difficult journey because she had to care for both her customers and her children, but she made it with her zest and determination.



MAYURI KUMARI

OUR GRATITUDE



Krishna & Bonnie Arora
Donor Advised Fund

RENU & BIPIN
MAIRA



LAL CHAND PUBLIC
CHARITABLE TRUST



JUSTICE DEEPAK VERMA (Retd.)



COLLABORATIONS AND PARTNERSHIPS



**Rajiv Gandhi Cancer Institute
and Research Centre**

A Unit of Indraprastha Cancer Society
Registered under "Societies Registration Act 1860"



**MLA OFFICE
KALKAJI**

HOMELESS SHELTERS DUSIB

MEET OUR TEAM

TRUSTEES



NEENA JOLLY



GEETA ARORA

MANAGEMENT STAFF



SUMAN PAUL
Program Administrator



BABITA KUMARI
Sr. Program
Coordinator



VIRENDRA SINGH
Accounts and
Finance



HEMANT KUMAR
Stock Keeper



DR. POOJA BHAT
Project Development
Officer

HEALTHCARE TEAM



DR. SHELLA DUGGAL
Gynecologist



DR. ARCHANA GUPTA
Gynecologist



DR. KETAN ROJASARA
General Physician



DR. ARVIND SINGH JHALA
General Physician



DR. ZEENAT FATIMA
Homeopathic Doctor

SUPPORT STAFF (HEALTHCARE)



BINU JOSE
Nurse



ABDUL KADIR
Pharmacist



SEEMA
Registration Incharge



VASHIST
Driver



REENA
Field worker

CENTER COORDINATOR AND PROJECT OFFICER



ANITA CHANDEL
Project Officer



SHARDA
Center Coordinator



DEVI VISHWAS
Center Coordinator



DEEPSHIKHA
Center Coordinator

INSTRUCTORS



THAO KHAMTE
English Teacher



SHAHNAWAZ KHAN
English Teacher



JAIVEER NEENA
Computer Teacher



YOGESH
Computer Teacher



RAVIRANJAN SHARMA
Computer Teacher



RAJKUMAR
Remedial Teacher



VANDANA
Remedial Teacher



AMIR CHAND
ADF Teacher



MD. SAMSHAD
ADF Teacher



JUNAID AHMED
ADF Teacher

CONTACT US



adharshilango.org



adharshila@gmail.com



[adharshilatrust](https://www.facebook.com/adharshilatrust)



[adharshilatrust](https://www.instagram.com/adharshilatrust)

Contact numbers

9810137592

9811335989

OUR CENTERS

HARKESH NAGAR

I- 75A Harkesh Nagar
Near Okhla Metro Station
New Delhi-110020

JAITPUR

81-Molarband village
Badarpur
New Delhi-110044

TIGRI

265/16 Kernal Farm
Khurana Wali Gali, Tigri
New Delhi-110080

KALKAJI

Giri Nagar, Kalka Ji
Near Govindpuri Metro Station
New Delhi-110019

GWAL PAHARI

Primary Health Centre, Gwal Pahari
Gurugram-122003



Adharshila Spreading Smiles



**WE CAN'T HELP EVERYONE,
BUT
EVERYONE CAN HELP
SOMEONE**